Page 806: Poster

Making a difference together: A health toolkit to promote access to healthcare

S. Read

Aim: People with intellectual disabilities (ID) often have worse health than other members of

the population, but have difficulties accessing healthcare. This study involved the

development and evaluation of a bespoke toolkit to facilitate better health acess for people

with ID. **Method**: A participatory action research framework was used to work with people

with ID, families, clinicians and academics across the West Midlands (UK). The project wsa

funded by the West Midlands Education Council, and pre and post evaluation surveys were

used to review its usage. **Results:** The toolkit's 40 components support healthcare

professionals when caring for people with ID in hospital and community settings. Resources

include booklet, leaflets, workbooks, films Power Points and a communication app.

Conclusions: Toolkits need to be accessible, portable, flexible and cost-effective in order to

maximize their true potential and a collaborative approach to toolkit development is crucial

throughout to ensure they remain 'fit for purpose'.