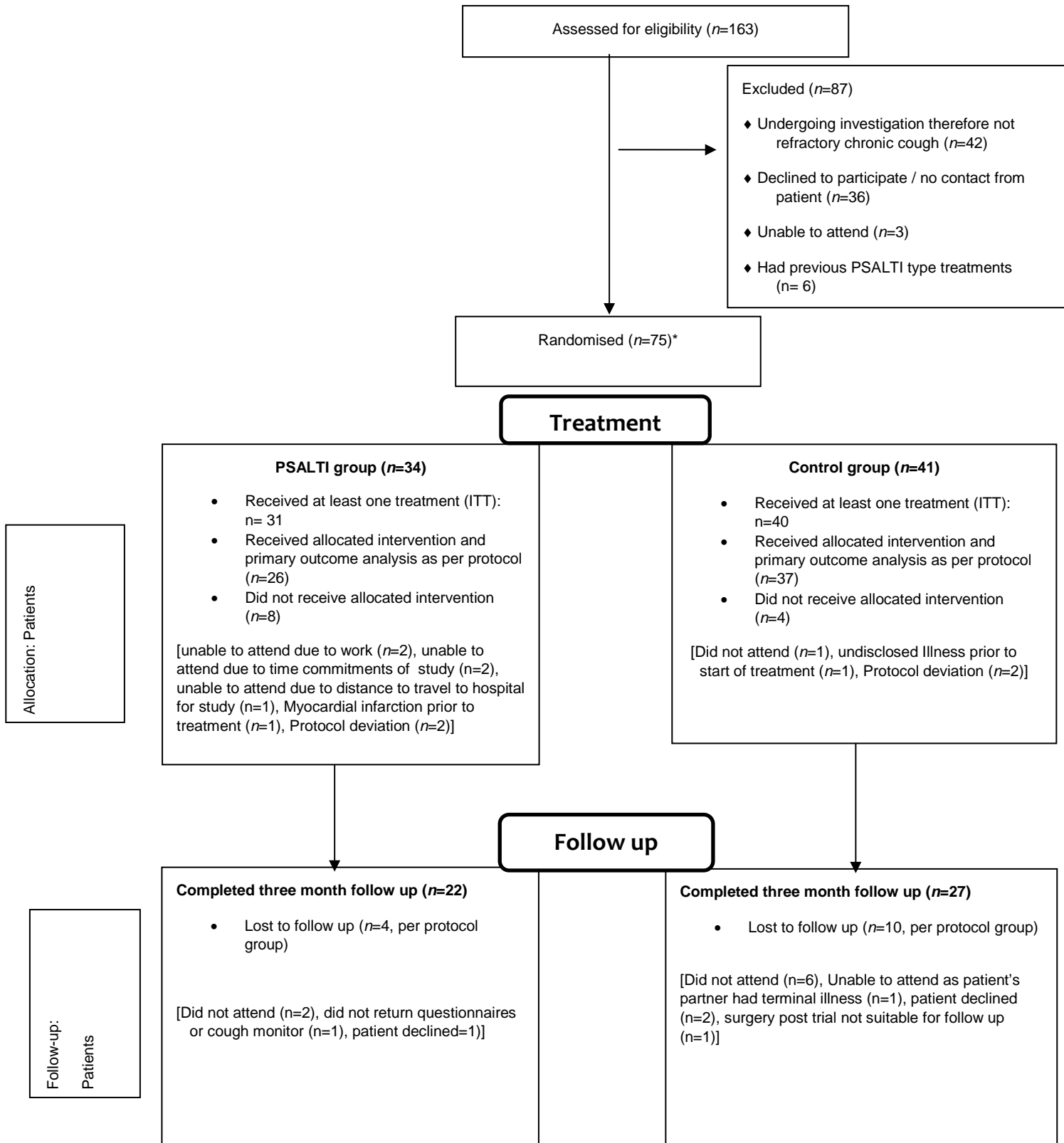


Figure. 1. Trial CONSORT flow diagram



*One additional participant was randomised and withdrew before baseline assessments.