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# **Corrections to effect size variances for continuous outcomes of cross-over clinical trials**

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### 1. Introduction

We would like to make some corrections to the formulas presented in the 2002 *Statistics in Medicine* article by Curtin et al. [1]. That article presented formulas for the variances of standardized weighted mean difference of an AB/BA cross-over trial that would be comparable both with parallel designs and cross-over designs.

There are three main issues in the Curtin et al.'s paper [1] that we address in this communication. Firstly, the paper proposes a standardized effect size for cross-over trials that is inconsistent with the standardized effect sizes used for other repeated measures designs such as the pretest-posttest studies used in educational studies, see [2] and [3]. Secondly, the change to the standardized effect size for cross-over studies necessitates a change to variance of the standardized effect size size. Thirdly, the variance of the standardized effect size comparable with parallel trials was not based on the distribution of a valid t-variable, so includes some errors. We follow Curtin et al.'s approach and base our revised variance equations on the moments of the non-central t-distribution, replacing the t-variable with a variable based on the effect size.

#### 2. The standardized effect sizes from AB/BA cross-over trials

Using Curtin et al.'s notation, the original paper derived the expectation and variance of the standardized mean difference of the mean cross-over trial with a period effect from the equation:

$$\frac{\bar{d}_{XO}}{s_x} = \frac{\frac{1}{2}(\bar{d}_{AB} + \bar{d}_{BA})}{s_x}$$
(1)

 $\bar{d}_{AB}$  and  $\bar{d}_{BA}$  are the mean cross-over differences in sequences AB and BA respectively and  $s_x^2$  is the pooled within sequence cross-over difference variance.

However, if we want a standardized effect size for cross-over designs that is consistent with other repeated measures, the unstandardized effect size  $\bar{d}_{XO}$  should be standardized by the within-subject standard deviation,  $s_e$  [3].  $s_e$  is also a natural choice for the standardizer because  $s_e^2$  is the random effects residual term obtained when analysing cross-over data with a linear mixed model. Since Curtin et al. note that  $s_x^2 = 2s_e^2$ , it is easy to calculate  $\frac{\bar{d}_{XO}}{s_e}$ . For consistency with [3], we refer to this standardized effect size as  $d_{RM}$ , which is an estimate of the parameter  $\delta_{RM}$ .

Curtin et al. correctly propose basing a standardized effect size comparable with parallel trials on the within- plus between-subject variance,  $\sigma_b^2$ . For comparison with Morris and DeShon [3] we refer to this as  $d_{IG}$ , where IG refers to

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independent groups, so:

$$d_{IG} = \frac{\bar{d}_{XO}}{s_b} \tag{2}$$

while  $d_{IG}$  estimates the parameter  $\delta_{IG}$ . Curtin et al. point out that  $\sigma_b^2 = \sigma_\xi^2 + \sigma_e^2$  where  $\sigma_\xi^2$  is the between-subject variance. Morris and DeShon [3] point out that  $d_{RM}$  estimates the standardized expected change for individuals while  $d_{IG}$  estimates the standardized expected difference between the two methods. They note that either viewpoint might be the objective of meta-analysis.

#### 3. Standardized effect size variances

The variance estimate most suitable for small samples (up to  $\approx 30$  participants) for any standardized mean difference effect size is derived from the non-central t distribution [3, 2]. Furthermore, Johnson and Welch [4] report the variance of a t variable with mean  $\theta$  to be:

$$V(\theta) = \frac{df}{df - 2} \left(1 + \theta^2\right) - \frac{\theta^2}{\left[c(df)\right]^2}$$
(3)

Where  $\theta$  is estimated by the sample *t*-value and  $df = (n_{AB} + n_{BA} - 2)$  is the degrees of freedom associated with the *t*-test. Hedges [5] provides exact values of c(df) for values of df up to 50. In addition, Morris [2] confirmed that c(df) is well-approximated by  $\left(1 - \frac{1}{4df-1}\right)$  even for small samples when estimating the variance of pretest-posttest standardized effect sizes.

If we know the relationship between  $\theta$  and a standardized effect size  $\delta$  is given by the equation:

$$\theta = A \times \delta \tag{4}$$

where A is a constant term, then, the variance of  $\delta$  is:

$$var(\delta) = \frac{1}{A^2} V(\theta).$$
(5)

This is true for *any* standardized effect size that can be calculated from a *t*-value, including those obtained from repeated measures crossover designs, repeated measures pretest-posttest designs, and independent group designs.

In the case of a cross-over design, Senn [6] points out that the t test is based on:

$$t = \frac{2\bar{d}_{XO}}{s_x \sqrt{\left(\frac{1}{n_{AB}} + \frac{1}{n_{BA}}\right)}} \tag{6}$$

which suggests that  $s_x$  is a natural standardizer of *twice* the effect size. Furthermore, since  $s_x = s_e \sqrt{2}$  and  $\left(\frac{1}{n_{AB}} + \frac{1}{n_{BA}}\right) = \frac{(n_{AB} + n_{BA})}{n_{AB} n_{BA}}$ 

$$t = d_{RM} \sqrt{\frac{2n_{AB}n_{BA}}{(n_{AB} + n_{BA})}} \tag{7}$$

Thus,

$$var(\delta_{RM}) = V(\theta) \frac{(n_{AB} + n_{BA})}{2n_{AB}n_{BA}}$$
(8)

Replacing  $\theta$  by  $\delta_{RM} \sqrt{\frac{2n_{AB}n_{BA}}{(n_{AB}+n_{BA})}}$  and employing Equation 3:

$$var(\delta_{RM}) = \left(\frac{df}{df - 2}\right) \left[\frac{(n_{AB} + n_{BA})}{2n_{AB}n_{BA}} + \delta_{RM}^2\right] - \frac{\delta_{RM}^2}{\left[c(df)\right]^2} \tag{9}$$

This is similar to the equation for the variance of  $\frac{\bar{d}_X O}{s_x}$  given in the Appendix to [1]. The difference is only in the term  $2n_{AB}n_{BA}$  where Curtin et al. use the constant 4, and we use 2, because we standardize by  $s_e$ . However, for small sample

sizes, it is inappropriate to replace  $\delta_{RM}$  by  $d_{RM}$  in Equation 9, because  $d_{RM}$  is biased. For an unbiased estimate of  $\delta_{RM}$ , we need to use the bias corrected estimate  $g_{RM} = c(df) \times d_{RM}$  giving:

$$var(d_{RM}) = \left(\frac{df}{df - 2}\right) \left[\frac{(n_{AB} + n_{BA})}{2n_{AB}n_{BA}} + g_{RM}^2\right] - \frac{g_{RM}^2}{[c(df)]^2}$$
(10)

In addition, multiplying the variance of  $d_{RM}$  by  $c(df)^2$ , an unbiased estimate of the variance of  $g_{RM}$  is:

$$var(g_{RM}) = c(df)^2 \left(\frac{df}{df - 2}\right) \left[\frac{(n_{AB} + n_{BA})}{2n_{AB}n_{BA}} + g_{RM}^2\right] - g_{RM}^2$$
(11)

To construct the variance of  $d_{IG}$  it is necessary to consider the relationship between  $s_e$  and  $s_b$ . This relies on the correlation  $\rho$  between values obtained from the same subject:

$$\rho = \frac{\sigma_{\xi}^2}{\sigma_b^2} = \frac{\sigma_b^2 - \sigma_e^2}{\sigma_b^2} \tag{12}$$

so,  $s_e = s_b \sqrt{(1 - \hat{\rho})}$ . Thus, based on Equation 1 and Equation 6, the relationship between t and  $d_{IG}$  is:

$$t = d_{IG} \sqrt{\frac{2n_{AB}n_{BA}}{(1-\hat{\rho})(n_{AB}+n_{BA})}}$$
(13)

Therefore replacing  $\delta_{RM}$  with  $\frac{\delta_{IG}}{\sqrt{(1-\hat{\rho})}}$  in Equation 9 and multiplying by  $(1-\hat{\rho})$  gives:

$$var(\delta_{IG}) = \left(\frac{df}{df - 2}\right) \left[\frac{(1 - \hat{\rho})(n_{AB} + n_{BA})}{2n_{AB}n_{BA}} + \delta_{IG}^2\right] - \frac{\delta_{IG}^2}{[c(df)]^2}$$
(14)

Compared with the Equation 12 in [1], Equation 14 includes the term  $(1 - \hat{\rho})$  in the first term on the right-hand side of the equation and the term  $2n_{AB}n_{BA}$  rather than  $4n_{AB}n_{BA}$ . The inclusion of the term  $(1 - \hat{\rho})$  in Equation 14 is comparable with the equivalent equation for the variance of pretest-posttest standardized effect size [2].

However, again, if we want the most appropriate variance for small sample sizes, we should not replace  $\delta_{IG}$  by  $d_{IG}$ . Like  $d_{RM}$ ,  $d_{IG}$  is biased for small sample sizes, so we need to replace  $\delta_{IG}$  with  $g_{IG} = c(df) \times d_{IG}$  giving:

$$var(d_{IG}) = \left(\frac{df}{df - 2}\right) \left[\frac{(1 - \hat{\rho})(n_{AB} + n_{BA})}{2n_{AB}n_{BA}} + g_{IG}^2\right] - \frac{g_{IG}^2}{[c(df)]^2}$$
(15)

In addition, the variance of  $g_{IG}$  is:

$$var(g_{IG}) = c(df)^2 \left(\frac{df}{df-2}\right) \left[\frac{(1-\hat{\rho})(n_{AB}+n_{BA})}{2n_{AB}n_{BA}} + g_{IG}^2\right] - g_{IG}^2$$
(16)

#### 4. Approximate standardized effect sizes for larger samples

For an approximate standardized effect size, Curtin et al. [1] use the formula proposed by [5] for  $var(d_{RM})$ . Since the approximation assumes large sample sizes, the effect of the small sample size adjustment is negligible. So, after correcting a typographical error in [1], the approximate variance for  $d_{RM}$  is

$$var(d_{RM})_{Approx} = \frac{(n_{AB} + n_{BA})}{2n_{AB}n_{BA}} + \frac{d_{RM}^2}{2(n_{AB} + n_{BA} - 3.94)}$$
(17)

In addition, based on the relationship between  $d_{RM}$  and  $d_{IG}$ , the large sample size approximation of the variance of  $d_{IG}$  is:

$$var(d_{IG})_{Approx} = (1 - \hat{\rho})\frac{(n_{AB} + n_{BA})}{2n_{AB}n_{BA}} + \frac{d_{IG}^2}{2(n_{AB} + n_{BA} - 3.94)}$$
(18)

3

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