INVISIBILITY

in relationships—gaining support for 'an invisible illness'

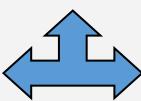
SUPPORT FROM SIGNIFICANT OTHERS (emotional, practical, financial)

RELATIONSHIP WITH HEALTH PROFESSIONALS: THE FIRST HEALTH ENCOUNTERS

Legitimisation and validation

Avoiding psychologisation

SUPPORT FROM ALTERNATIVE SOURCES



PERSON-CENTRED AND RELATIONAL CARE

Empathy and understanding

Individualised and flexible

SOCIAL SUPPORT

AND IDENTITY

RECONSTRUCTION

SOCIAL CIRCLE

Sharing stories

Positive activities

WIDE RANGING SUPPORT needed for all aspects of daily living