

1 **Provenance information recorded by mineral inclusions in**
2 **detrital garnet**

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12 **Abstract**

13 Garnet single-grain analysis is an often used and well
14 established tool in sedimentary provenance studies, especially
15 when metamorphic source rocks are involved. So far, however,
16 solely the geochemical composition of detrital garnets is
17 considered to draw conclusions concerning probable source
18 rocks. The gained information is often limited by (i)
19 geochemical overlap of garnets derived from different lithology
20 and metamorphic grade, (ii) similar probabilities of belonging
21 to more than one source rock type, and (iii) the limitations of
22 discriminating different protolith compositions. Here we
23 present the first attempt of using mineral inclusions in detrital

24 garnet as a provenance tool. We analyzed the inclusions of
25 ~300 fine to medium sand-sized detrital garnets from two
26 proximal modern sand samples taken in the HP/UHP Western
27 Gneiss Region of SW Norway. All mineral inclusions $\geq 2 \mu\text{m}$
28 were identified by Raman spectroscopy, showing that (i) most
29 garnets from HP/UHP metamorphic source rocks contain
30 mineral inclusions $\geq 2 \mu\text{m}$, (ii) Raman spectroscopy is a very
31 powerful tool to characterize the inclusion types, and (iii) less
32 stable mineral phases like kyanite, omphacite, diopside,
33 enstatite, coesite, amphibole group, and epidote group minerals
34 occur as inclusions in garnet. These minerals, which are
35 important for provenance studies, can thus be preserved in the
36 sedimentary record as long as garnet is stable. The combination
37 of inclusion types in garnet and geochemical garnet
38 classification shows that (i) inclusions well reflect the
39 geological characteristics of the sampled catchments, implying
40 that they are useful indicators for HP/UHP provenance, and (ii)
41 inclusions in garnet can be used to support and enhance the
42 provenance information obtained by garnet geochemistry.

43 **Keywords:** Sediment provenance; Garnet; Mineral inclusions;
44 Raman spectroscopy; Western Gneiss Region

45 **1. Introduction**

46 Provenance studies often deal with changes in the source area
47 arising from the temporal geodynamic evolution of the region.

48 In particular, the initiation of high-pressure (HP) and ultrahigh-
49 pressure (UHP) metamorphic rocks as a sedimentary source is
50 of specific interest, displaying the exposure of deep crustal
51 levels in the source area, which typically has significant
52 geologic and geodynamic implications. Characteristic HP/UHP
53 metamorphic index minerals like glaucophane, lawsonite,
54 omphacite, kyanite, or coesite are either mechanically and/or
55 geochemically unstable. Therefore, these minerals
56 progressively disappear when subjected to processes of the
57 sedimentary cycle, and thus important provenance information
58 gets lost. Additionally, HP/UHP rocks are often overprinted
59 under lower-grade metamorphic conditions of the amphibolite
60 and granulite facies during exhumation, whereby HP/UHP
61 phases get usually replaced by lower-pressure phases. This
62 leads to the fact that the mineral assemblages typically reflect
63 retrograde stages, whereas the prograde and peak metamorphic
64 history is obscured. Consequently, the transfer of characteristic
65 HP/UHP index minerals into the sedimentary system may be
66 hampered.

67 In contrast, information about prograde and peak metamorphic
68 stages can be recorded and preserved in garnet, a heavy mineral
69 which can grow during multiple metamorphic stages. Garnet is
70 a very abundant metamorphic mineral covering a broad range
71 of pressure–temperature (P – T) conditions and protolith
72 compositions (e.g., Krippner et al., 2014). Because garnet

73 composition is a function of these parameters, and garnet is
74 comparatively stable during surface weathering, transport, and
75 deep burial conditions (e.g., Morton and Hallsworth, 1999),
76 several geochemical discrimination schemes have been
77 developed and applied as a tool in sedimentary provenance
78 analysis (see Krippner et al., 2014, for a review and
79 evaluation). A recently published discrimination scheme by
80 Tolosana-Delgado et al. (2017) operates with a multivariate
81 statistical model to assign garnet grains with a certain
82 probability to major host rock groups. Until now, however, all
83 garnet provenance tools solely consider geochemical and
84 isotopic garnet composition. Although it is well known from
85 crystalline rocks that metamorphic garnet usually contains
86 inclusions and that the occurrence and distribution of these
87 inclusions can be used to deduce the metamorphic history of a
88 rock (e.g., Thompson et al., 1977; Krogh, 1982; Faryad et al.,
89 2010), this concept has not yet been thoroughly applied in
90 provenance studies.

91 Here we present the distribution of mineral inclusions in
92 detrital garnets from two proximal modern sand samples taken
93 in the HP/UHP Western Gneiss Region of SW Norway. All
94 mineral inclusions $\geq 2 \mu\text{m}$ of ~ 300 garnets (i.e., ~ 150 per
95 sample) in the grain-size range $63\text{--}500 \mu\text{m}$ were identified by
96 Raman spectroscopy. This technique has the advantages of (i)
97 not being restricted to a specific sample preparation, allowing

98 straightforward combination with other analytical techniques
99 like the electron microprobe, (ii) being contact-free and having
100 an excellent volume resolution due to the usage of a confocal
101 microscope system adapted for the Raman spectrometer,
102 enabling the identification of even small inclusions within the
103 entire garnet volume, (iii) getting structural and implicitly
104 geochemical information in a single step, so that even
105 polymorphs like quartz and coesite can be distinguished, and
106 (iv) being comparatively quick, which is important when
107 analyzing a large number of garnet grains and mineral
108 inclusions (e.g., Nasdala et al., 2004; Andò and Garzanti, 2014;
109 Neuville et al., 2014). We compared the obtained inclusion data
110 with the geochemical composition of the host garnets and show
111 that (i) less stable but for provenance studies important mineral
112 phases occur as inclusions in garnet, suggesting that these can
113 be preserved in the sedimentary record as long as garnet is
114 stable, (ii) inclusions in garnet well reflect the geological
115 characteristics of the sampled catchments, implying that they
116 are useful indicators for HP/UHP provenance, and (iii)
117 inclusions in garnet can be used to support and enhance the
118 provenance information given by geochemical garnet
119 composition.

120 **2. Geological setting**

121 The two studied areas (Flatraket and Runde) are located in the
122 Western Gneiss Region of SW Norway, which extends over an
123 area of ~50,000 km² (Wain, 1997) between Bergen in the South
124 and Trondheim in the North (Fig. 1). The Western Gneiss
125 Region is composed of the autochthonous Western Gneiss
126 Complex, overlain by a series of allochthonous Caledonian
127 thrust nappes (Hacker et al., 2010). It is believed that the
128 Western Gneiss Complex represents the westward continuation
129 of the Baltic basement. Thus, the Western Gneiss Region is a
130 large tectonic window through the allochthonous nappe pile, in
131 which the Western Gneiss Complex is exposed as a large
132 segment of the former craton Baltica (Roberts and Gee, 1985;
133 Krabbendam and Wain, 1997; Beyer et al., 2012).

134 The Western Gneiss Complex mainly consists of orthogneisses,
135 which were initially generated during the Gothian Orogeny
136 (~1.7 to 1.5 Ga) and subsequently overprinted during the
137 Sveconorwegian Orogeny (~1.3 to 0.9 Ga) (e.g., Beyer et al.,
138 2012). The resulting metamorphic conditions ranged between
139 amphibolite and granulite facies (Bingen et al., 2001; Røhr et
140 al., 2004). Relicts of this event are rare and comprise ~1% of
141 the Western Gneiss Complex (Wain et al., 2001; Peterman et
142 al., 2009).

143 The Caledonian Orogeny in Paleozoic times is commonly
144 subdivided into the pre-Scandian (not recognized in the
145 Western Gneiss Complex; Hacker et al., 2010), the Scandian,
146 and the post-Scandian metamorphic phases. The single phases
147 can chronologically overlap and coexist in the broad area of the
148 Western Gneiss Region.

149 The Scandian phase encompasses the time interval between
150 early Silurian and early Devonian times (~435 to 400 Ma).
151 During this phase, the two continental blocks Laurentia
152 (western block) and Baltica (eastern block) collided under
153 oblique plate convergence and final closure of the Iapetus
154 Ocean (e.g., Roberts and Gee, 1985; Spengler et al., 2009;
155 Hacker et al., 2010). This was accompanied by overthrusting
156 and arrangement of the allochthonous nappes (e.g., Roberts and
157 Gee, 1985; Andersen et al., 1990), forming the ~1000 km-long
158 mountain system called the Scandinavian Caledonides (Beyer
159 et al., 2012). The progressive convergence led to the subduction
160 of Baltica's western continental margin beneath Laurentia (e.g.,
161 Torsvik and Cocks, 2005) and coherent HP/UHP
162 metamorphism (e.g., Smith, 1984; Carswell and Cuthbert,
163 2003). The metamorphic grade and depth of subduction
164 increased from SE towards the NW, as well as the intensity of
165 deformation (e.g., Hacker et al., 2010). Temperature conditions
166 ranged between ~550°C in the SE (Krogh, 1977; Griffin et al.,
167 1985; Carswell and Cuthbert, 2003) and 850–950°C in the

168 northernmost sector (Kylander-Clark et al., 2008). In the
169 northernmost part also the highest pressure conditions were
170 reached with up to 5.5–6.5 GPa (Scambelluri et al., 2008;
171 Spengler et al., 2009), which were equalized to subduction
172 depths of 180–200 km (van Roermund, 2009). Although the
173 rocks were subjected to UHP conditions, they reacted only
174 partially and locally (Corfu et al., 2014).

175 The post-Scandian metamorphic phase in Devonian times
176 (~400 to 385 Ma) included the decompression and exhumation
177 of the Western Gneiss Region to shallow crustal levels (e.g.,
178 Hacker et al., 2010). The exhumation was accomplished by
179 coaxial E–W extension, vertical thinning, and minor N–S
180 shortening. This led to a progressive exhumation of the
181 Western Gneiss Region from SE to NW, which is contrary to
182 the direction of the subduction during the Scandian phase
183 (Krabbendam and Wain, 1997; Hacker et al., 2010; Spencer et
184 al., 2013). Exhumation was accompanied by an extensive
185 retrograde amphibolite to granulite facies metamorphic
186 overprint with deformation and recrystallization (e.g.,
187 Krabbendam and Wain, 1997; Walsh and Hacker, 2004). This
188 extensive and pervasive metamorphic overprint eliminated
189 almost all records of HP/UHP metamorphism (e.g., Root et al.,
190 2005). Solely dispersed eclogite bodies and eclogite facies
191 rocks persisted (composing only ~1vol.% of the HP/UHP
192 terrane) and record nearly all information about the HP/UHP

193 metamorphism in the Western Gneiss Region (e.g., Wain et al.,
194 2000).

195 The post-Scandian metamorphic phase was followed by a
196 progressive exhumation of the UHP domains into the mid-
197 upper crust by late folding, which continued through the late
198 Devonian up to ~374 Ma (Hacker et al., 2010; Walsh et al.,
199 2013). Today, three discrete UHP domains crop out within the
200 Western Gneiss Region, which probably represent the cores of
201 east-plunging antiforms. The distinct areas with UHP eclogites
202 are separated by areas with HP eclogites (e.g., Root et al.,
203 2005).

204 **3. Sampling areas**

205 The sampling area at Flatraket is located ~6 km north of the
206 Nordfjord and ~17 km WSW of Åheim. The island of Runde is
207 located ~55 km NW from Flatraket (Fig. 1). Both sampling
208 areas are situated at the margins of an UHP domain, Flatraket at
209 the western margin of the Nordfjord-Stadlandet UHP domain,
210 and Runde at the western margin of the Sorøyana UHP domain
211 (Root et al., 2005).

212 The stream-sediment sample at Flatraket (AK-N13-1:
213 61°58.554'N, 5°13.845'E) was taken a few meters upstream to
214 the mouth of a northward draining stream so that mixing with
215 sediments from coastal currents can be excluded (Krippner et
216 al., 2016). In contrast, the sediment sample at Runde (AK-N37:

217 62°23.341'N, 5°38.252'E) represents a beach-sediment sample.
218 However, because the sample was taken directly at the mouth
219 of a small modern stream, and any morphological features
220 indicating influences of coastal currents are absent, mixing with
221 material transported along the shore can also be neglected for
222 the sample from Runde (Schönig et al., 2018). Thus, the
223 material in the two analyzed samples exclusively derived from
224 the catchments marked by the watersheds in Fig. 1.

225 It is important to note that older sedimentary deposits could
226 also be present in the catchments, which could scale up the area
227 where the initial source rocks of the analyzed garnets might
228 have been located (Schönig et al., 2018). In particular, glacial
229 deposits in the Western Gneiss Region should be considered,
230 which mainly originate from the Late Weichselian glaciation
231 (Rye et al., 1987; Mangerud, 2004; Hughes et al., 2016). In the
232 studied catchments, glacial deposits are thin but present
233 (Goksøyr, 1938; Undås, 1942; Thoresen, 2013). However, even
234 if the thin glacial deposits in the catchments could have
235 provided small amounts of garnets to the sampled sediments,
236 the ice flow direction coming exclusively from inland (e.g.,
237 Mangerud, 2004) only permit local sources within the Western
238 Gneiss Region for the glacial deposits. Thus, the general
239 HP/UHP signal from the Western Gneiss Region is not biased.

240 **3.1 Flatraket**

241 Within the catchment of the stream-sediment sample AK-N13-
242 1, layered micaceous quartzo-feldspathic gneiss constitutes the
243 major portion (Fig. 1). This gneiss was pervasively deformed
244 during the post-Scandian phase of the Caledonian Orogeny,
245 recrystallized under amphibolite facies conditions, and locally
246 contains garnet (Krabbendam and Wain, 1997; Krabbendam et
247 al., 2000). Eclogite pods <50 m in size are embedded in the
248 micaceous gneiss. The cores of the pods are least affected by
249 the amphibolite facies retrogression, and mafic bodies >10 m
250 partially exhibit fresh eclogite within the core. The amphibolite
251 facies overprint increases towards the pod margins and the
252 outermost parts consist of amphibolite (Krabbendam et al.,
253 2000). UHP metamorphism in this region is recorded by two
254 known UHP eclogites, which contain biminerally quartz/coesite
255 inclusions in garnet and omphacite (Smith, 1984, 1985; Wain,
256 1997; Root et al., 2004; Smith and Godard, 2013; Schönig et
257 al., 2018). However, both do not contribute material to the
258 sediment sample AK-N13-1 because erosional material from
259 the Flatraket harbor UHP eclogite (AK-N12) will be directly
260 fed into the sea, and the UHP eclogite at Straumen is located
261 outside the catchment in western direction (Fig. 1).

262 Besides the micaceous quartzo-feldspathic gneiss, the Flatraket
263 complex is the next largest unit in the catchment, which
264 consists of megacrystic felsic gneiss with a quartz-monzonitic

265 composition and layered garnetiferous felsic gneiss, both
266 showing also mafic parts (Krabbendam et al., 2000; Wain et al.,
267 2001). In general, the complex represents a ~2 km² granulite
268 facies low-strain enclave within the pervasively deformed and
269 recrystallized amphibolite facies gneisses of the Western
270 Gneiss Region (Wain, 1997; Wain et al., 2001). U–Pb ages of
271 zircon and monazite indicate magmatic crystallization of the
272 complex during the Gothian Orogeny at ~1680 to 1640 Ma and
273 constrain timing of the granulite facies overprint to the
274 Sveconorwegian Orogeny at ~1100 Ma (Corfu et al., 2014).
275 During the Scandian phase of the Caledonian Orogeny, the
276 majority of the complex remained dry and undeformed,
277 whereby the Proterozoic granulite facies mineral assemblages
278 preserved metastable. Eclogite facies rocks are restricted to
279 zones of fluid infiltration and/or deformation and constitute
280 ~5% of the complex (Wain et al., 2001; Corfu et al., 2014).
281 During the subsequent post-Scandian metamorphic phase, the
282 fluid infiltration was more extensive and leads to a pervasive
283 amphibolite facies metamorphism on the retrograde part of the
284 Caledonian orogenic cycle. More than 50% of the Flatraket
285 Complex was affected by amphibolite facies hydration in
286 different degrees, but granulite facies relicts are still present
287 (Krabbendam et al., 2000; Wain et al., 2001). Several dykes
288 and pods occur within the complex, including mafic to
289 intermediate rocks (granulites, eclogites, locally retrogressed to

290 amphibolite), dioritic to gabbroic rocks (primary granulite
291 facies, strong amphibolite facies overprint, sometimes eclogitic
292 assemblages at the rims, locally relictic magmatic texture in the
293 core), and meta-anorthosites (mainly granulite facies).

294 Table 1 summarizes the mineralogical composition of the
295 metamorphic rocks occurring in the sampled catchment of the
296 stream-sediment sample AK-N13-1 and the close vicinity as
297 outlined above. The heavy mineral spectra of the sample in the
298 63–125 μm grain-size fraction consists mainly of epidote group
299 minerals and pyroxenes, followed by garnet, and much smaller
300 amounts of amphibole group minerals, apatite, tourmaline,
301 kyanite, olivine, rutile, and titanite (Krippner et al., 2016). In
302 Fig. 1, also pebble samples (eclogites AK-N13-2a and AK-
303 N13-2b and felsic gneisses AK-N13-2c and AK-N13-2d:
304 $61^{\circ}58.554'N$, $5^{\circ}13.845'E$) and a crystalline rock sample (UHP
305 eclogite AK-N12: $61^{\circ}58.710'N$, $5^{\circ}14.063'E$) from Krippner et
306 al. (2016) were marked, which were used for geochemical
307 comparison with the analyzed detrital garnets in this study.

308 **3.2 Island of Runde**

309 Within the catchment of the beach-sediment sample AK-N37,
310 the largest unit is a micaceous quartzo-feldspathic orthogneiss
311 (Fig. 1), which is also the main rock type of the whole region
312 (northern Sorøyane). Its similarity to the common orthogneisses
313 of the Western Gneiss Complex suggests an affiliation to the
314 basement of Baltica (Root et al., 2005). Because of their

315 similarity, the micaceous quartzo-feldspathic gneisses at
316 Flatraket and Runde are not differentiated in Fig. 1, but note
317 that the region around Runde experienced higher peak
318 metamorphic temperatures (e.g., Kylander-Clark et al., 2008).

319 The next smallest rock unit on the island is a mylonitic quartzo-
320 feldspathic gneiss, whereby only small divisions crop out at the
321 outermost part of the sampled catchment. The mylonitic gneiss
322 is locally garnetiferous (Krippner et al., 2016), contains
323 amphibole (hornblende), and is of amphibolite facies. U–Pb
324 ages in titanite ~384 Ma underline the pervasive retrogression
325 during the post-Scandian phase (Spencer et al., 2013).

326 In the gneisses, numerous eclogite pods occur on the island of
327 Runde, which – with a few exceptions – have not been mapped
328 so far (Dahl, 1954; Root et al., 2004, 2005; Spencer et al.,
329 2013; Krippner et al., 2016). Therefore, it can be assumed that
330 various eclogite pods occur in the sampled catchment, although
331 these are not shown in Fig. 1. For the shown eclogites, it is
332 known that the eclogite at Langenes (AK-N38), ~1 km NE of
333 the sampled catchment, contains garnet, sodic diopside (13%
334 jadeite), magnesiohornblende, and rutile (Root et al., 2004).
335 This eclogite is indicated as HP eclogite because no
336 mineralogical evidence for UHP metamorphism is found so far,
337 which might be related to the absence of silica. An adjacent
338 silica-bearing eclogite a few hundred meters in the southern
339 direction, in contrast, contains biminerally coesite/quartz

340 inclusions, displaying that the area underwent UHP conditions
341 (Root et al., 2005). UHP metamorphism is also indicated by
342 intact, monomineralic coesite inclusions found in detrital
343 garnets of the same sample as studied here (AK-N37). Due to
344 the geochemical variation of the detrital coesite-bearing host
345 garnets and the variation in mineral inclusion assemblages, not
346 only eclogites but also felsic rocks are considered as UHP
347 source rocks (Schönig et al., 2018).

348 The heavy mineral spectra of the sample AK-N37 in the 63–
349 125 µm grain-size fraction is dominated by pyroxenes and
350 garnet, followed by significant amounts of amphibole group
351 minerals, epidote group minerals, and apatite. Tourmaline,
352 zircon, kyanite, olivine, rutile, and titanite occur in much
353 smaller proportions (Krippner et al., 2016). In Fig. 1 also
354 crystalline rock samples (eclogite AK-N38: 62°24.212'N,
355 5°39.230'E; and garnetiferous felsic gneiss AK-N39-1:
356 62°24.012'N, 5°39.459'E) from Krippner et al. (2016) were
357 marked, which were used for geochemical comparison with the
358 analyzed detrital garnets in this study.

359 **4. Methods**

360 **4.1 Mineral separation and sample preparation**

361 Mineral separation and sample preparation were performed at
362 the University of Göttingen (Geosciences Center, Department
363 of Sedimentology and Environmental Geology). About 300 g

364 of both modern sand samples from Flatraket (AK-N13-1) and
365 Runde (AK-N37) were wet-sieved to separate grain-size
366 fractions, treated with acetic acid, split by quartering into
367 amounts of 15–20 g, and the heavy mineral fraction was
368 separated using sodium polytungstate with a density of 2.89 g
369 cm⁻³. Garnets were handpicked under the binocular microscope
370 from three grain-size fractions (63–125 μm, 125–250 μm, 250–
371 500 μm) and embedded in synthetic mounts using a bonding
372 epoxy composed of a mixture of Araldite® resin and hardener
373 at a ratio of 5:1. Mounts with the picked garnet crystals were
374 ground with silicon carbide abrasive paper and polished in two
375 steps with 3 μm and 1 μm Al₂O₃ abrasives in suspension.
376 Overall ~350 grains per grain-size fraction and sample were
377 picked (i.e., ~1050 per sample) and numbered in ascending
378 order. For this study, the first 50 grains from each grain-size
379 fraction were selected for inclusion analysis by Raman
380 spectroscopy and geochemical analysis by the electron
381 microprobe. This means grain numbers 1–50 (63–125 μm),
382 351–400 (125–250 μm), and 701–750 (250–500 μm) from
383 sample AK-N13-1, and grain numbers 1–50 (63–125 μm),
384 351–400 (125–250 μm), and 706–755 (250–500 μm) from
385 sample AK-N37.

386 **4.2 Raman spectroscopy**

387 Raman spectroscopy was performed at the University of
388 Göttingen (Geosciences Center, Department of Sedimentology

389 and Environmental Geology) using a Horiba Jobin Yvon
390 XploRA Plus spectrometer equipped with an Olympus BX41
391 microscope, a 532 nm diode laser (25 mW maximum output
392 power), and a motorized x-y-z stage. The confocal microscope
393 is coupled to a 200 mm focal length spectrograph equipped
394 with a four-grating turret (2400 l mm^{-1} , 1800 l mm^{-1} , 1200 l
395 mm^{-1} , and 600 l mm^{-1}). All measurements were performed
396 with maximum laser power, a confocal hole diameter and slit
397 set to 100 μm , the 1800 l mm^{-1} grating, and a 100 \times objective
398 with a numerical aperture of 0.9, where ~50% of the signal
399 derive from an excitation volume depth of ~1.8 μm and ~95%
400 derive from a volume depth of ~7.0 μm . For mineral
401 identification of all inclusions $\geq 2 \mu\text{m}$ within the garnets, the
402 spectrometer was calibrated on the 520.7 cm^{-1} line of Si, and
403 the recorded spectrum was centered at 1000 cm^{-1} , covering a
404 spectral field between ~100 cm^{-1} and ~1800 cm^{-1} .

405 Raman spectra of inclusions, in particular if they are small, are
406 often masked by a strong signal from the garnet hosts.
407 Therefore, most of the time the spectra of the garnet hosts were
408 also captured directly next to the mineral inclusions to be
409 identified, and subsequently the host spectra were subtracted
410 from the inclusion/host mixed spectra, isolating the inclusion
411 spectra (Fig. 2). In this way, sometimes inclusions $< 2 \mu\text{m}$ were
412 also identified if they had a good Raman response (e.g., rutile),
413 but only an identification of all inclusions $\geq 2 \mu\text{m}$ can be

414 guaranteed. Captured spectra were exported to the software
415 CrystalSleuth (Laetsch and Downs, 2006), the background was
416 automatically subtracted via the software, and the
417 corresponding mineral was identified by comparison with the
418 RRUFF database (Lafuente et al., 2015) also via the
419 CrystalSleuth software. For the obtained inclusion spectra in
420 this study, mineral identification was made by comparison with
421 the database and classification into inclusion types. Overall, all
422 inclusions $\geq 2 \mu\text{m}$ in ~ 50 handpicked garnets from all three
423 analyzed grain-size fractions were identified by Raman
424 spectroscopy, i.e., ~ 150 garnets per sample and a total of ~ 300
425 garnets. For this, ~ 120 hours were spent in the Raman
426 laboratory, which equates to ~ 2.5 garnets per hour.

427 **4.3 Electron microprobe**

428 Electron microprobe measurements were performed at the
429 University of Göttingen (Geosciences Center, Department of
430 Geochemistry) using a JEOL JXA 8900 RL electron
431 microprobe equipped with five wavelength dispersive
432 spectrometers. Before analysis, all samples were coated with
433 carbon to ensure conductivity. Measurement conditions include
434 an accelerating voltage of 15 kV and a beam current of 20 nA.
435 Counting times were 15 s for Si, Mg, Ca, Fe, and Al, and 30 s
436 for Ti, Cr, and Mn. The compositions of the ~ 50 detrital garnet
437 grains from each of the three grain-size fractions (63–125 μm ;
438 125–250 μm ; 250–500 μm) were determined. Preferentially,

439 the centers of the detrital grains were analyzed. Only when
440 inclusions or fractures are located in the center, the
441 measurement spot was shifted towards the rim.

442 **5. Results**

443 **5.1 Mineral inclusions**

444 **5.1.1 Classification of inclusion types**

445 By comparing the collected inclusion spectra with the database,
446 a large number of mineral inclusions were identified. This
447 includes oxides (coesite, corundum, quartz, rutile), feldspar
448 group tectosilicates (albite, anorthoclase, labradorite,
449 microcline, oligoclase, orthoclase, sanidine), mica group
450 phyllosilicates (muscovite, phlogopite), pyroxene group
451 (diopside, enstatite, omphacite) and amphibole group
452 (actinolite, gedrite, tremolite) inosilicates, epidote group
453 sorosilicates (clinozoisite, epidote, zoisite), nesosilicates
454 (kyanite, zircon), the phosphate apatite, carbonate minerals
455 (calcite, dolomite, magnesite, siderite), sulfate minerals
456 (anhydrite, celestine, gypsum), and opaque minerals. The
457 identification of specific mineral phases by simply comparing
458 their Raman spectra with the database is sometimes unreliable,
459 especially within individual mineral groups. However, the
460 approach of using mineral inclusions identified by Raman
461 spectroscopy as a metamorphic source rock indicator, as
462 introduced here, should be straightforward without detailed

463 analysis of every single spectrum. Therefore, the identification
464 of the detected mineral phases by the RRUFF database was
465 evaluated by validating specific spectral patterns. This results
466 in a grouping of some phases into inclusion types to ensure
467 their correct assignment and to focus on the most important
468 information.

469 Due to their unique spectral Raman pattern, all detected oxides
470 (coesite, corundum, quartz, rutile), nesosilicates (kyanite,
471 zircon), and the phosphate apatite can be clearly identified and
472 differentiated from other mineral phases (Fig. 3a–e), even if
473 they are chemically similar and only differ in crystal structure
474 like coesite and quartz (Fig. 3a). Therefore, all of them are
475 indicated as single inclusion types, except corundum.
476 Corundum was only found as small slices on the polished
477 garnet surfaces of one garnet (<1%) from AK-N13-1
478 (Flatraket), and five garnets (~3%) from AK-N37 (Runde).
479 Because Al₂O₃ (corundum) abrasives are used for polishing,
480 these slices are considered to be contaminants and were thus
481 excluded from further analysis.

482 Based on the Raman spectral pattern, feldspars can be readily
483 identified by the presence of two or three peaks in the 450–515
484 cm⁻¹ region, with the strongest peak between 505–515 cm⁻¹
485 (Freeman et al., 2008). Several different members of the
486 feldspar group tectosilicates were identified from the database
487 as inclusions in the analyzed garnets. However, often similar

488 high match probabilities are given for more than one member,
489 in particular for the series orthoclase–sanidine–microcline and
490 labradorite–oligoclase–albite–anorthoclase, respectively. In this
491 study, inclusions identified as orthoclase–sanidine–microcline
492 were assigned to the alkali feldspar inclusion type, and
493 inclusions identified as labradorite–oligoclase–albite–
494 anorthoclase to the plagioclase inclusion type. Alkali feldspar
495 and plagioclase can be distinguished by the position of the
496 strongest peak. For alkali feldspars this is located between 513–
497 515 cm^{-1} , whereas all plagioclase main bands are located at
498 $<510 \text{ cm}^{-1}$ (Mernagh, 1991; Freeman et al., 2008; Bersani et
499 al., 2018). Because the tested inclusions which were assigned to
500 the alkali feldspar type show the main band position of ≥ 514
501 cm^{-1} and those assigned to the plagioclase type $\leq 511 \text{ cm}^{-1}$ (Fig.
502 3f), the classification of these two feldspar types based on the
503 database seems reliable.

504 Phyllosilicates are easily distinguishable from the other major
505 structural types of silicates. Within the group, however, the
506 discrimination of specific types is more complicated, and the
507 $\text{H}_2\text{O}/\text{OH}$ spectral region ($3500\text{--}3800 \text{ cm}^{-1}$) should be also
508 considered (Wang et al., 2015). The phyllosilicate inclusion
509 types identified by the database comprise the mica group
510 minerals muscovite (also high match probabilities for
511 trilithionite and paragonite) and phlogopite (also high match
512 probabilities for fluorophlogopite). Collected spectra of both

513 show a broad pattern in the 3500–3800 cm^{-1} region (Fig. 4),
514 indicating the presence of H_2O , and thus, a complicated
515 stacking sequence of tetrahedral and octahedral layers so that
516 kaolinite–serpentine and pyrophyllite–talc group phyllosilicates
517 can be excluded. The combined spectral pattern of the
518 $<1200 \text{ cm}^{-1}$ and the 3500–3800 cm^{-1} region, in turn, makes an
519 assignment to the mica group reliable. Furthermore, the
520 strongest peak in the 600–800 cm^{-1} region of inclusions
521 identified as muscovite by the database is located at $>700 \text{ cm}^{-1}$,
522 verifying an affiliation to the dioctahedral group of
523 phyllosilicates like muscovite–paragonite. This is further
524 supported by the presence of a peak at $\sim 430 \text{ cm}^{-1}$, which is
525 typical in Al-rich phyllosilicates. In contrast, the strongest peak
526 in the 600–800 cm^{-1} region of inclusions identified as
527 phlogopite by the database is located at $<700 \text{ cm}^{-1}$, verifying an
528 affiliation to the trioctahedral group of phyllosilicates like
529 phlogopite–biotite. Furthermore the presence of a peak at ~ 350
530 cm^{-1} (present when Mg-rich), the absence of a peak at ~ 550
531 cm^{-1} (present when Fe-rich), and the position of the OH-bands
532 between 3650–3750 cm^{-1} call for a more phlogopitic
533 composition (spectrum evaluation based on Wang et al., 2015).
534 However, because discrimination within the solid solution
535 series is difficult and cannot be generalized, for this study, we
536 assigned the mica group mineral inclusions to the muscovite–
537 paragonite and phlogopite–biotite series, respectively.

538 Raman spectra of pyroxenes can be unambiguously
539 distinguished from other minerals, and the spectral pattern also
540 allows distinct discrimination between clinopyroxenes and
541 orthopyroxenes, because clinopyroxenes have one intense band
542 in the 650–700 cm^{-1} region (Fig. 5a), whereas orthopyroxenes
543 show a doublet (Fig. 5b) (Mernagh and Hoatson, 1997; Wang
544 et al., 2001; Buzatu and Buzgar, 2010).

545 In the analyzed garnet grains, some clinopyroxenes were
546 identified as diopside by the database (sometimes also high
547 match probabilities for augite), others as omphacite, and some
548 give similar match probabilities for diopside and omphacite. In
549 Fig. 5a, spectra of nine clinopyroxene inclusions are plotted in
550 comparison with two diopside (ID 040009:
551 $(\text{Ca}_{0.97}\text{Fe}_{0.02}\text{Na}_{0.01})_{\Sigma=1.00}(\text{Mg}_{0.97}\text{Fe}_{0.02}\text{Al}_{0.01})_{\Sigma=1.00}\text{Si}_{2.00}\text{O}_{6.00}$, ID
552 060171: $\text{Ca}_{1.00}(\text{Mg}_{0.98}\text{Mn}_{0.02})_{\Sigma=1.00}\text{Si}_{2.00}\text{O}_{6.00}$) and one
553 omphacite spectra (ID 061129.2: $(\text{Ca}_{0.51}\text{Na}_{0.48})_{\Sigma=0.99}$
554 $(\text{Mg}_{0.44}\text{Al}_{0.44}\text{Fe}^{2+}_{0.14}\text{Fe}^{3+}_{0.02})_{\Sigma=1.04}\text{Si}_{2.00}\text{O}_{6.00}$) from the RRUFF
555 database, and one omphacite spectrum from the UHP eclogite
556 exposed at Flatraket harbor (for location see Fig. 1). All spectra
557 are ordered regarding the position of the main band, which
558 ranges from $\sim 665 \text{ cm}^{-1}$ for the diopside spectra from the
559 database to $\sim 684 \text{ cm}^{-1}$ for the spectrum of the omphacite
560 inclusion in garnet grain number 702 of sample AK-N13-1
561 (Flatraket). The same trend can be observed for the bands of the
562 triplet in the 300–420 cm^{-1} region, which positions

563 continuously change from $\sim 323 \text{ cm}^{-1}$ (diopsides from database)
564 to $\sim 344 \text{ cm}^{-1}$ (omphacite in grain number 702 of AK-N13-1)
565 for the lowest frequency band, $\sim 356 \text{ cm}^{-1}$ to $\sim 381 \text{ cm}^{-1}$ for the
566 intermediate band, and $\sim 389 \text{ cm}^{-1}$ to $\sim 411 \text{ cm}^{-1}$ for the highest
567 frequency band.

568 Because all inclusions with high match probabilities for
569 omphacite are located above the omphacite spectrum from the
570 RRUFF database in Fig. 5a, and thus show higher Raman shifts
571 for the Raman bands mentioned above, this inclusion type was
572 classified as omphacite. Inclusions which show highest match
573 probabilities for diopside or similar probabilities for diopside
574 and omphacite, in contrast, are located below the omphacite
575 spectrum but above the diopside spectra from the database.
576 These inclusions were classified as diopside. Note that these
577 diopsides may have variable amounts of an omphacite (jadeite)
578 component which, however, cannot be quantified more
579 precisely here.

580 Contrary to the clinopyroxenes, the orthopyroxenes give a clear
581 picture, with all inclusion spectra giving the highest match
582 probabilities for enstatite (example in Fig. 5b). Therefore, this
583 inclusion type was classified as enstatite.

584 The identified amphiboles can be definitely assigned to the
585 amphibole group, but discrimination within the group is not
586 straightforward. Comparison with the database of different

587 spectra from amphibole inclusions (Fig. 5c) gives similar high
588 match probabilities for different amphibole group minerals like
589 actinolite, gedrite, and tremolite. For a more precise
590 discrimination the spectral region of H₂O/OH (3400–3800 cm⁻¹),
591 spectra in different orientations from the same amphibole
592 with polarized incident light (not appropriate for inclusions in
593 mounted host mineral grains), and a reference amphibole with
594 known chemistry should be considered (Leissner et al., 2015).
595 This is not applicable in this study, and even if it was,
596 uncertainties would remain due to high fluorescence, low
597 signal-to-noise ratios, and possible impurities (Apopei and
598 Buzgar, 2010). For these reasons, amphibole inclusions are
599 classified as the amphibole group inclusion type, without any
600 subdivision. The presence of glaucophane, however, can be
601 excluded because the characteristic glaucophane band at ~385
602 cm⁻¹ was not obtained in any of the amphibole group spectra.

603 Similar to the amphibole group inclusion type, also the epidote
604 group minerals, the carbonate minerals, and the sulfate minerals
605 were grouped. Epidote group mineral inclusions only occur in
606 ~5% of the analyzed garnets in the Flatraket sample, and
607 comparison with the database gives similar high match
608 probabilities for clinozoisite, epidote, and zoisite, whereas in
609 particular clinozoisite and epidote cannot be discriminated by
610 their Raman spectra in the <1200 cm⁻¹ region. Carbonate and
611 sulfate minerals are more frequent in the samples and the

612 database identified most of them as dolomites and anhydrites,
613 respectively. However, in case of the carbonate minerals often
614 high match probabilities are also given for magnesite, calcite
615 and siderite. In the case of sulfate minerals, some inclusions are
616 identified as gypsum and celestine, and others cannot be
617 assigned to a specific sulfate mineral. Overall, the partially
618 uncertain assignment to a specific mineral and the low
619 significance of specific minerals of this group as a source rock
620 indicator suggests that grouping as carbonate or sulfate
621 minerals is sufficient for this study. Note, however, that most
622 carbonate mineral inclusions are most likely dolomite and most
623 sulfate mineral inclusions are most likely anhydrite.

624 Opaque minerals with a weak Raman response are present in
625 ~5–7% of the analyzed garnets. They were not identified in this
626 study and are excluded from further discussion. Identification
627 requires long accumulation times and strong corrections to
628 isolate the inclusion spectra from the inclusion/host mixed
629 spectra, which is beyond the scope of this study.

630 Besides the mineral inclusions in the detrital garnets, CO₂ fluid
631 inclusions were also detected. Fluid inclusions can provide
632 information about different stages of rock formation, but fluid
633 inclusion studies are very time consuming (van den Kerkhof
634 and Hein, 2001) and are also beyond the scope of this study.

635 **5.1.2 Inclusions in detrital garnets from Flatraket**

636 Overall, 148 grains of the 150 analyzed grains (~99%) from the
637 stream-sediment sample of Flatraket (AK-N13-1) are garnet.
638 The two other mineral grains (grain number 15 = titanite; grain
639 number 364 = enstatite) were confounded with garnet during
640 picking. Of the 148 grains, 130 (~88%) exhibit inclusions
641 which are sufficient in size (i.e., $\geq 2 \mu\text{m}$) to be analyzed by
642 Raman spectroscopy. The amount of garnets with analyzable
643 inclusions increases with increasing grain size from ~84% (41
644 of 49) in the fine fraction (63–125 μm), over ~88% (43 of 49)
645 in the medium fraction (125–250 μm), to ~92% (46 of 50) in
646 the coarse fraction (250–500 μm). The detected inclusion types
647 for each of the analyzed garnets from Flatraket are listed in
648 Supplementary Table 1. In Supplementary Table 2 the
649 proportion of the analyzed garnet grains with specific inclusion
650 types is summarized. These results are shown in Fig. 6. In
651 general, when inclusions of a specific type occur within the
652 analyzed garnets, on average 1 to 4 inclusions of the same type
653 are present in the garnet host. Only quartz inclusions are more
654 frequent, with on average 5 to 20 inclusions per quartz-bearing
655 garnet.

656 Quartz, rutile, and mica group minerals represent the main
657 mineral inclusions, which are present in the bulk of the garnet
658 grains. Quartz is the most frequent inclusion type, and is
659 present in ~63% (82 of 130) of the garnets. The proportion of

660 grains which exhibit quartz inclusions is almost constant over
661 the three grain-size fractions (~61 to 65%). Rutile inclusions
662 are also rather frequent and occur in ~43% (56 of 130) of the
663 garnets. The coarser the grain-size fraction, the more frequent
664 are rutile inclusions. Starting from ~29% of the garnet grains in
665 the fine fraction, they are more frequent in the medium fraction
666 (~44%), and the highest amount of rutile inclusions is found in
667 the coarse fraction (~54%). Besides quartz and rutile, mica
668 group minerals are abundant inclusions in garnet grains from
669 Flatraket. They are composed of the muscovite–paragonite and
670 phlogopite–biotite types. Phlogopite–biotite (~36%; 47 of 130)
671 is more abundant than muscovite–paragonite (~23%; 30 of
672 130). Both together are present in ~52% (67 of 130) of the
673 garnets. Generally, mica inclusions are more frequent in the
674 fine grain-size fraction compared to medium and coarse
675 fractions (Fig. 6).

676 The main mineral inclusions are followed by inclusions of
677 apatite, sulfate minerals, and feldspars, which are present in a
678 significant amount of the host garnets (~20 to 30%). Apatite
679 inclusions occur in ~28% (37 of 130) of the garnet grains.
680 While apatite inclusions in the fine fraction are only present in
681 ~15% of the grains, they are more frequent in the medium and
682 coarse fractions (~37% and ~33%, respectively). Inclusions of
683 sulfate minerals are present in ~24% (31 of 130) of the garnets.
684 Sulfate mineral inclusions are highest in the medium grain-size

685 fraction with ~30%, and less abundant in the fine and coarse
686 fraction (~20% and ~22%, respectively). Feldspar inclusions,
687 including alkali feldspar and plagioclase, are present in ~22%
688 (29 of 130) of the garnets. They are less frequent in the medium
689 grain-size fraction with ~12%, but more abundant in the fine
690 and coarse fractions (~24% and ~30%, respectively). The
691 number of garnets with alkali feldspar inclusions is
692 considerably smaller in the medium fraction (~2%) than in the
693 fine (~15%) and coarse (~20%) fractions, while plagioclase
694 inclusions are rather evenly distributed over all grain-size
695 fractions (~9 to 13%; Fig. 6).

696 Carbonate minerals, clinopyroxenes, zircon, kyanite, epidote
697 group minerals, and amphibole group minerals are less
698 abundant and occur as inclusions in <20% of the garnets.
699 Carbonates are present in ~12% (16 of 130) of the garnets.
700 These are least frequent in the medium grain-size fraction
701 (~7%) and more abundant in the fine and coarse fractions
702 (~12% and ~17%, respectively). Overall, clinopyroxene
703 inclusions are present in ~10% (13 of 130) of the garnets, with
704 omphacite dominating over diopside (Fig. 6). While in the fine
705 fraction only ~5% of the garnets contain inclusions of
706 clinopyroxene, this number increases with increasing grains
707 size to ~7% in the medium fraction and ~17% in the coarse
708 fraction. Zircon and kyanite inclusions occur in ~7% (9 of 130)
709 of the garnet grains. Both are most frequent in the coarse

710 fraction (~15% and 13%, respectively), while in the two finer
711 fractions they are rare (~2 to 5%). Inclusions of the epidote
712 group and amphibole group minerals occur with ~5% (7 and 6
713 out of 130, respectively) of the garnets. Both are slightly more
714 frequent in the fine fraction (~7%) and continuously decrease
715 in the coarser fractions (Fig. 6).

716 **5.1.3 Inclusions in detrital garnets from Runde**

717 Overall, 150 grains (50 of every grain-size fraction) were
718 analyzed from the beach-sediment sample of Runde (AK-N37),
719 whereby 148 grains of it (~99%) are garnets, and two are other
720 mineral grains which were confounded with garnet during
721 picking (grain number 351 = plagioclase; grain number 395 =
722 alkali feldspar). Of the 148 grains, 119 (~80%) exhibit
723 inclusions $\geq 2 \mu\text{m}$. The amount of garnet grains with inclusions
724 $\geq 2 \mu\text{m}$ is almost constant and only slightly increases from
725 ~78% (39 of 50) in the fine fraction (63–125 μm), over ~81%
726 (39 of 48) in the medium fraction (125–250 μm), to ~82% (41
727 of 50) in the coarse fraction (250–500 μm). The detected
728 inclusion types for each of the analyzed garnets from Runde are
729 listed in Supplementary Table 3. In Supplementary Table 4 the
730 proportion of the analyzed garnet grains with specific inclusion
731 types is summarized. These results are shown in Fig. 7. In
732 general, when inclusions of a specific type occur within the
733 analyzed garnets, on average 1 to 4 inclusions of the same type
734 are present in one garnet host. Only rutile inclusions are more

735 frequent with on average 5 to 20 inclusions per rutile-bearing
736 garnet.

737 The most frequent inclusion types within the garnets of the
738 beach-sediment sample are quartz and rutile. Quartz inclusions
739 are present in ~42% (50 of 119) of the grains. They are
740 widespread in the medium grain-size fraction (~49%) and less
741 frequent in the fine and coarse fractions (~38% and ~39%,
742 respectively). Rutile inclusions occur in ~40% (48 of 119).
743 They are also most common in the medium grain-size fraction
744 (~51%) and less frequent in the coarse fraction (~44%). A
745 much smaller amount (~26%) contain rutile inclusions in the
746 fine grain-size fraction.

747 Inclusions of mica and feldspar group minerals are also present
748 in significant amounts of the garnet grains. Mica group mineral
749 inclusions are solely composed of phlogopite–biotite. They
750 occur in ~24% (29 of 119) of the host garnets and show only
751 minor fluctuations across the three grain-size fractions with a
752 slight increase with increasing grain-size fraction (~23 to 27%).
753 Feldspar inclusions are present in ~21% (25 of 119) of the
754 garnets. They are composed of alkali feldspar and plagioclase
755 inclusions, for which alkali feldspar is less frequent. Together,
756 the amount of garnets which exhibit feldspar inclusions is
757 almost constant over the three grain-size fractions (~20 to
758 23%). By considering alkali feldspar and plagioclase

759 separately, an enrichment of both in the medium fraction
760 compared to the fine and coarse fraction is indicated (Fig. 7).

761 Lower but also significant amounts of garnet grains carry
762 inclusions of zircon, apatite, kyanite, and pyroxene. Zircon
763 inclusions occur in ~18% (22 of 119) of the garnets. While the
764 proportion of grains with zircon inclusions in the fine fraction
765 is ~15%, and in the coarse fraction ~17%, they are slightly
766 more frequent in the medium fraction where they were
767 identified in ~23% of the garnets. Inclusions of apatite are
768 present in ~18% (21 of 119) of the garnets. Both the fine and
769 medium fraction, show ~15% grains with apatite inclusions. In
770 the coarse fraction, apatite inclusions are more frequent and
771 occur in ~22% of the grains. Kyanite inclusions are present in
772 ~17% (20 of 119) of the studied garnet grains. With increasing
773 grain-size fraction, the amount of garnets with kyanite
774 inclusions increases from ~10 to 22%. Overall, ~15% (18 of
775 119) of the garnet grains exhibit pyroxene inclusions, whereas
776 the amount decreases with increasing grain-size fraction. In the
777 fine fraction, pyroxene inclusions occur in ~21%, in the
778 medium fraction in ~13%, and in the coarse fraction in ~12%
779 of the grains. Pyroxene inclusions include the two
780 clinopyroxene types, omphacite and diopside, and the
781 orthopyroxene type, enstatite. Clinopyroxene inclusions consist
782 predominantly of diopside, which occurs in ~11% (13 of 119)
783 of the garnets. Diopside is more frequent in the fine fraction

784 (~18%) than in the medium and coarse fraction (~8% and ~7%,
785 respectively). Only 2 out of the 119 garnets (~2%) contain
786 clinopyroxene inclusions which were classified as omphacite.
787 Orthopyroxene (i.e., enstatite) inclusions are much less frequent
788 than clinopyroxene inclusions. They are present in ~5% (6 of
789 119) of the garnets and in one-third of the cases the
790 orthopyroxene inclusions are located in garnet grains which
791 also carry clinopyroxene inclusions. With ~8%, the proportion
792 of garnets that exhibit orthopyroxene inclusions is the highest
793 in the medium grain-size fraction. In the coarse and fine
794 fraction the proportion is lower (~5% and ~3%, respectively).

795 Furthermore, also carbonate mineral, amphibole group, and
796 sulfate mineral inclusions are present in a smaller proportion of
797 host garnets. Over the three grain-size fractions, carbonate
798 mineral inclusions occur in ~9% (11 of 119) of the garnets. The
799 amount of garnets with carbonate mineral inclusions decreases
800 with increasing grain-size fraction (~18 to 5%). Amphibole
801 inclusions occur in ~7% (8 of 119) of the grains. In the fine and
802 medium fraction, ~8% of the garnets exhibit amphibole
803 inclusions and in the coarse fraction they are slightly less
804 frequent (~5%). Sulfate mineral inclusions occur in ~6% (7 of
805 119) of the garnets, and these are only present in the fine and
806 medium fraction (~8% and ~10%, respectively).

807 In addition, three inclusions of coesite were identified in the
808 analyzed grains. One in grain number 24 of the fine grain-size

809 fraction and two in grain number 378 of the medium fraction.
810 That means ~2% (2 of 119) of the analyzed garnet grains
811 contain coesite inclusions. A detailed description of the coesite-
812 bearing garnets, four more coesite-bearing garnets from the
813 same sample, the characteristics of the coesite inclusions, and
814 the resulting implications are given in Schönig et al. (2018).

815 **5.2 Garnet geochemistry**

816 The garnet compositions measured by the electron microprobe
817 are given in Supplementary Table 5. Four garnet grains (grain
818 number 22 from AK-N13-1, and grains 40, 395, and 732 from
819 AK-N37) were excluded because the coating was damaged or
820 the measured composition indicates contamination by
821 inclusions. The compositions of the coesite-bearing garnets
822 number 24 and 378 from sample AK-N37 (Runde) were
823 measured at several spots (Schönig et al., 2018) and averaged
824 for this study.

825 The multivariate statistical discrimination scheme of Tolosana-
826 Delgado et al. (2017) was used to discriminate between garnet
827 host rocks. Because the sampled catchments are almost
828 exclusively composed of metamorphic rocks, we choose the
829 prior probability ‘equal-M’ with equal probabilities of 30% for
830 all metamorphic host-rock groups (A – eclogite facies; B –
831 amphibolite facies; C – granulite facies), and significantly
832 lower probabilities of 5% for ultramafic (D) and felsic plutonic
833 rocks (E1). However, we also tested the prior probability

834 'global', and all analyzed garnets were still classified as
835 metamorphic garnets.

836 Probabilities for the detrital host garnets of belonging to the
837 major host-rock groups are given in Supplementary Table 5.
838 These are plotted for the major metamorphic host-rock groups
839 in Fig. 8a (Flatraket) and Fig. 9a (Runde). In Figs. 8b–i and 9b–
840 i, these host-rock probabilities are shown separately for garnets
841 with specific inclusion types. All of these ternary diagrams are
842 complemented with pie charts indicating the proportion of
843 grains belonging with highest probability to one of the
844 metamorphic host-rock groups A, B, and C (for detailed
845 numbers see Supplementary Table 6).

846 Overall, both catchments show similar characteristics. The
847 major proportion of garnets (~59% for Flatraket, ~47% for
848 Runde) show highest probability of belonging to the granulite
849 facies group C, followed by garnets assigned to the eclogite
850 facies group A (~39% and ~40%, respectively). Garnets
851 assigned to the amphibolite facies group are subordinate (~3%
852 and ~12%, respectively). This pattern is similar for all grain-
853 size fractions, but garnets assigned to the amphibolite facies
854 from the Flatraket sample are only present in the fine fraction.

855 Furthermore, quartz, rutile, kyanite, apatite, and zircon
856 inclusions occur – with minimal deviation – in garnets of all
857 geochemical compositions determined as the detrital overall

858 composition (as illustrated in Figs. 8a, 9a). There are, however,
859 variations in their proportions (see Supplementary Table 6 for
860 exact proportions). Whereas kyanite inclusions in AK-N37
861 (Runde) show a similar distribution like the detrital overall
862 composition (Fig. 9c), they are slightly less frequent in type A
863 (eclogite facies) garnets of AK-N13-1 (Flatraket) (Fig. 8c).
864 Quartz and apatite inclusions in both catchments are less
865 frequent in type A garnets, but instead more abundant in type C
866 (granulite facies) and/or type B (amphibolite facies) garnets
867 (Figs. 8b, 8h, 9b, 9h). While rutile and zircon inclusions at
868 Flatraket are more frequent in type A and less frequent in type
869 C garnets (Figs. 8c, 8h), rutile inclusions are less frequent in
870 type A garnets from Runde (Fig. 9c), and zircon inclusions
871 from Runde show a similar pattern like the overall composition
872 (Fig. 9h).

873 Inclusions of mica group minerals (muscovite–paragonite and
874 phlogopite–biotite) and alkali feldspar are enriched in garnets
875 of type C, and sometimes also type B, compared to type A
876 garnets (Figs. 8f, 8g, 9f, 9g). In contrast, omphacite and epidote
877 group inclusions are much more frequent in type A garnets, and
878 do not occur, or only subordinated, in type B and C garnets
879 (Figs. 8d, 8e, 9d). The same applies to diopside inclusions in
880 the Flatraket sample (Fig. 8d), but in the sample from Runde
881 diopsides are more abundant in type C garnets (Fig. 9d).
882 However, these diopsides are mainly close to the transition

883 zone between type A and C, and thus, have also high
884 probabilities of belonging to type A. Enstatite and amphibole
885 group inclusions show a very similar pattern to these diopside
886 inclusions of the transition zone. They are more frequent in
887 type C garnets, but the type C garnets often also have high
888 probabilities of belonging to type A (Figs. 8e, 9d, 9e).

889 Inclusions of plagioclase, carbonate minerals, and sulfate
890 minerals show a less distinct pattern. They are present in
891 garnets of a large part of the overall composition, but not to the
892 same extent like quartz, rutile, kyanite, apatite, and zircon.
893 Plagioclase inclusions are slightly enriched in type A
894 (Flatraket) or type B (Runde) garnets, compared to the overall
895 composition (Figs. 8g, 9g). While inclusions of carbonate and
896 sulfate minerals in the Flatraket sample are present in similar
897 proportions of garnet types like the overall composition (Fig.
898 8i), carbonate mineral inclusions are more abundant in type C
899 garnets and less abundant in type A garnets in the sample from
900 Runde, which is contrary to the sulfate mineral inclusions in the
901 Runde sample (Fig. 9i).

902 Coesite inclusions in the analyzed garnets from Runde are only
903 present in type C garnets. However, this is an effect of the
904 small number of garnets containing coesite. Schönig et al.
905 (2018) analyzed an about five times larger number of garnets
906 from the same sample and found six garnets with coesite
907 inclusions, whereby three of the garnets are clearly classified as

908 type C, one as type A, and two have almost equal probabilities
909 of belonging to type A and C.

910 **6. Discussion**

911 **6.1 Provenance information value of the obtained** 912 **inclusion types**

913 The high proportion ($\geq 80\%$) of detrital garnet grains containing
914 mineral inclusions $\geq 2 \mu\text{m}$ indicates that inclusions in garnets of
915 metamorphic origin are potentially useful to gain provenance
916 information. The ultimate aim is to identify specific
917 metamorphic source rock types by analyzing these inclusions.
918 When analyzing crystalline rocks, metamorphic facies types are
919 differentiated by identification of diagnostic mineral
920 assemblages, i.e., associations of mineral species in mutual
921 grain contact (e.g., Bucher and Frey, 2002). In classical
922 provenance studies, this information is not available due to the
923 consideration of individual mineral grains which are not in
924 contact with other mineral species. However, by considering
925 mineral inclusions in the detrital single grains, mineral
926 assemblage information of the source rocks can be obtained
927 because the inclusions were entrapped during growth of the
928 host mineral. Thus, an inclusion and its host mineral are
929 coexisting since entrapment occurred during the same
930 metamorphic stage. Caution should be taken when considering
931 more than one inclusion in a single grain. Garnet, in particular,

932 can record multiple metamorphic stages and isolate entrapped
933 mineral inclusions from subsequent events. Thus, adjacent
934 inclusions in garnet do not necessarily represent the same
935 metamorphic stage. Therefore, mineral assemblages derived
936 from more than one inclusion give hints but are no evidence for
937 coexistence during entrapment. In contrast, when considering
938 only single inclusions in garnet, these directly reflect a two-
939 mineral assemblage (garnet host + inclusion phase), which
940 coexisted during the same metamorphic stage (Schönig et al.,
941 2018).

942 By focusing on diagnostic two-mineral assemblages, i.e., single
943 mineral inclusions, the bulk of inclusion types detected in the
944 analyzed garnets can be grouped regarding their use in source
945 rock identification as (i) inclusions of little or no information,
946 (ii) inclusions indicating a wide range of metamorphic source
947 rocks, (iii) inclusions indicating a smaller range of
948 metamorphic source rocks, and (iv) inclusions which yield
949 specific source rock information.

950 (i) Quartz, feldspar, zircon, apatite, mica, carbonate minerals,
951 and sulfate minerals are assigned to the group of **inclusions of**
952 **little or no information**. Quartz and feldspars are abundant
953 rock-forming minerals, which cannot be linked to a specific
954 rock type. In general, quartz and alkali feldspar are more
955 abundant in felsic lithologies, and plagioclase is more abundant
956 in mafic lithologies, but all can also occur vice versa.

957 Especially eclogites often contain quartz. The presence of
958 quartz inclusions also does not exclude pressure conditions of
959 the coesite stability field during entrapment because quartz
960 inclusions can be present very close to coesite inclusions,
961 which – in some cases – is suggested to be a preservation effect
962 of coesite inclusions (Schönig et al., 2018). Similar to quartz
963 and alkali feldspar, apatite and zircon are also more frequent in
964 felsic lithologies, but they occur in mafic rocks as well, so that
965 they cannot be linked to a specific rock type. Likewise, also the
966 mica group minerals, here muscovite–paragonite and
967 phlogopite–biotite, carbonate and sulfate minerals, can occur in
968 a wide range of metamorphic rocks, and do not point to specific
969 *P–T* conditions during entrapment.

970 (ii) Amphibole group and epidote group inclusions are assigned
971 to the group **indicating a wide range of metamorphic source**
972 **rocks**. These hydrous minerals disappear at high temperatures
973 in the granulite facies (Bucher and Frey, 2002). Thus, these
974 inclusions cannot be captured by garnet growing during
975 granulite facies conditions, and either temperature conditions
976 have to be lower (e.g., amphibolite facies) or pressure
977 conditions have to be higher (eclogite facies) during
978 entrapment.

979 (iii) Kyanite, rutile, diopside, and enstatite are assigned to the
980 group of **inclusions indicating a smaller range of**
981 **metamorphic source rocks**. Kyanite belongs together with

982 sillimanite and andalusite to the trimorphic Al_2SiO_5 group,
983 which all together are only stable at the triple point at ~ 4.2 kbar
984 and $\sim 530^\circ\text{C}$ (Bohlen et al., 1991). Due to their different
985 stability fields, these aluminosilicates are often used as
986 metamorphic index minerals, whereby the presence of kyanite
987 is restricted to the HP parts of the greenschist, amphibolite, and
988 granulite facies or even higher P - T ratios (Fig. 10a). Rutile is
989 an abundant accessory mineral in medium- to high-grade
990 metamorphic rocks (e.g., Force, 1980). It is newly formed at
991 upper amphibolite facies conditions (or higher), and increasing
992 pressure favors rutile formation (Zack et al., 2004). When
993 subjected to lower-grade conditions at subsequent events,
994 matrix rutile breaks down to form other titanium-bearing
995 phases (Force, 1980; Zack et al., 2004). Therefore, it is very
996 unlikely that garnet is able to capture rutile outside the P - T
997 conditions where it is newly formed. Thus, a rutile inclusion in
998 garnet reflects entrapment at upper amphibolite facies
999 conditions or higher. Similarly, diopside inclusions also
1000 indicate upper amphibolite facies conditions or higher because
1001 diopside typically occurs in mafic to ultramafic rocks, in which
1002 the appearance of clinopyroxene defines the lower-grade
1003 boundary of the upper amphibolite facies (Bucher and Frey,
1004 2002). The suggested omphacite component of the diopsides in
1005 this study, furthermore, point to even higher-grade
1006 metamorphic conditions. Enstatite is a typical orthopyroxene of

1007 high-temperature (HT) metamorphic rocks like granulites, and
1008 it can also be present in HT eclogites (Bucher and Frey, 2002;
1009 Okrusch and Matthes, 2014). Thus, enstatite inclusions are
1010 thought to reflect HT conditions during entrapment in garnet.

1011 (iv) Omphacite and coesite inclusions belong to the group of
1012 **inclusions which yield specific source rock information**. The
1013 mineral assemblage garnet plus omphacite is the diagnostic
1014 mineral assemblage of eclogite (e.g., Bucher and Frey, 2002),
1015 and therefore omphacite inclusions in garnet directly indicate
1016 an eclogitic source. Moreover, the presence of coesite
1017 inclusions specifically indicates UHP metamorphic conditions
1018 because it is not possible to form coesite inclusions in garnet at
1019 conditions lower than the coesite stability field (e.g., Schönig et
1020 al., 2018, and references therein).

1021 **6.2 Restriction of possible metamorphic source rocks**

1022 By combining the information given by the obtained inclusion
1023 types in the detrital garnets with the geochemical garnet
1024 compositions, the suite of possible source rocks in both
1025 catchments can be strongly reduced.

1026 First of all, kyanite inclusions are present in significant
1027 amounts of the garnets with ~7% at Flatraket and ~17% at
1028 Runde. Due to their abundance, the occurrence in garnets of all
1029 obtained geochemical compositions (Figs. 8c, 9c), and the
1030 absence of any other aluminosilicate inclusions, all garnet

1031 source rocks in the catchments are assumed to be equilibrated
1032 in the kyanite stability field. Thus, all metamorphic source rock
1033 facies types of the andalusite and sillimanite stability field
1034 (contact metamorphism, lowermost greenschist, lower
1035 amphibolite, and lower to intermediate granulite facies) can be
1036 excluded (field A in Fig. 10b). Note that even in these proximal
1037 samples, kyanite made up <2% of the heavy mineral
1038 assemblage (Krippner et al., 2016), indicating that this
1039 important metamorphic facies index mineral preferably occurs
1040 in the form of inclusions in garnet rather than as single mineral
1041 in the typical grain-size range of 63–125 μm (or coarser)
1042 analyzed in heavy mineral studies. This trend will probably
1043 intensify with increasing transport distance because kyanite is
1044 mechanically less stable than garnet (e.g., Morton and
1045 Hallsworth, 1999).

1046 In the blueschist facies, garnet first appears in the HP part
1047 (Bucher and Frey, 2002). If garnet from the sampled
1048 catchments would have developed under HP blueschist facies
1049 conditions, some typical blueschist facies mineral inclusions
1050 like glaucophane or lawsonite would be expected. The absence
1051 of these inclusion types, and the high abundance of phlogopite–
1052 biotite inclusions (>20% of garnet grains), which are atypical
1053 for blueschist facies rocks (Bucher and Frey, 2002), makes
1054 blueschist facies rocks unlikely as a garnet source (field B in
1055 Fig. 10b). Additionally, the absence of lawsonite inclusions

1056 makes a very-low-temperature eclogitic source unlikely (field
1057 C in Fig. 10b) because lawsonite inclusions are well known in
1058 garnets from lawsonite-eclogites (e.g., Tsujimori et al., 2006,
1059 and references therein).

1060 As in the blueschist facies, greenschist facies garnet first
1061 appears in the HP part (Bucher and Frey, 2002). Therefore,
1062 metamorphic rocks of subgreenschist and lower greenschist
1063 facies can be excluded as a garnet source (field D in Fig. 10b).
1064 Furthermore, also the HP part of the greenschist facies and the
1065 lower amphibolite facies can be excluded (field E in Fig. 10b)
1066 due to the very high abundance of rutile inclusions (present in
1067 >40%) in garnets of all obtained compositions (Figs. 8c, 9c).
1068 Note that although rutile is ultrastable in sedimentary
1069 environments, it makes up only <2% of the heavy mineral
1070 assemblage (Krippner et al., 2016) but is, besides quartz, the
1071 dominant inclusion type in the detrital garnets.

1072 In summary, by considering the conditions where garnet first
1073 appears, and the presence/absence of a few inclusion types, the
1074 possible source rocks of garnets in both catchments can be
1075 reduced to rocks of upper amphibolite, HP granulite, and
1076 eclogite facies (excluding very-low-temperature eclogites).
1077 This well reflects the experienced conditions of the whole
1078 region and the range of outcropping metamorphic rocks in the
1079 sampled catchments. Beyond these general constraints, the
1080 occurrence of certain mineral inclusions in combination with

1081 their preferable host garnet composition reveals some specific
1082 catchment characteristics.

1083 **6.3 Specific catchment characteristics of Flatraket (AK-** 1084 **N13-1)**

1085 The geochemical classification of the garnets from Flatraket
1086 implies that by far the most garnets are derived from granulite
1087 to eclogite facies source rocks (Fig. 8a). However, a clear
1088 separation into different sources by only considering the
1089 geochemical composition is not possible.

1090 The fact that eclogite facies rocks are involved as source rocks
1091 for parts of the garnets is clearly indicated by the presence of
1092 omphacite inclusions in ~8% of the garnets, and an additional
1093 indication is given by the presence of diopside inclusions in
1094 ~2% of the garnets, which probably have an omphacite
1095 (jadeite) component. Most of these garnets are correctly
1096 assigned to type A garnets by the multivariate discrimination
1097 (Fig. 8d), confirming that the discrimination of eclogite facies
1098 garnets works well as reported by Tolosana-Delgado et al.
1099 (2017). However, occasionally some of them have the highest
1100 probability for type C. This is also highlighted by garnet
1101 compositions from the local eclogites determined by Krippner
1102 et al. (2016), which mainly have the highest probability of
1103 belonging to type A, but garnets from one of the analyzed
1104 eclogites also show highest probabilities of belonging to type C
1105 (Fig. 8a). Thus, the occurrence of omphacite and diopside

1106 inclusions in type C garnets reveals that parts of the type C
1107 classified garnets are also derived from eclogite facies rocks.
1108 This part can be roughly estimated to be restricted to garnets
1109 with a high probability of belonging to type A (>30%), and a
1110 small probability of belonging to type B (<12%).

1111 Besides the mineral inclusions which are present in almost all
1112 detrital garnets (i.e., quartz, rutile, kyanite, apatite, zircon), the
1113 preferable occurrence of epidote and amphibole inclusions in
1114 this eclogite facies garnets (Fig. 8e) indicates that these
1115 minerals are characteristic for the eclogite facies source rocks.
1116 The presence of these hydrous mineral inclusions also makes a
1117 granulite facies source improbable. Overall, the deduced
1118 mineral assemblage of garnet + omphacite/diopside + epidote +
1119 amphibole + rutile + quartz ± kyanite for the eclogite facies
1120 garnet type match well with mineral assemblages from
1121 eclogites reported from the region of Flatraket (Table 1). An
1122 additional sign for a mafic source is the low abundance of
1123 alkali feldspar inclusions in these garnets (Fig. 8g).

1124 In addition to the eclogite facies garnets, another large group of
1125 garnets are assigned to type C with probabilities $\geq 12\%$ of
1126 belonging to type B. Besides the mineral inclusions which are
1127 present in almost all detrital garnets, inclusions of mica group
1128 minerals (muscovite–paragonite and phlogopite–biotite) and
1129 alkali feldspar are frequent in these garnets, which make a
1130 felsic source more probable (Figs. 8f, 8g). Additionally, also

1131 quartz and apatite are slightly more frequent (Figs. 8b, 8h),
1132 supporting the presumption of a felsic source. This is also
1133 highlighted by garnet compositions from the local gneisses
1134 determined by Krippner et al. (2016). Garnet composition from
1135 the felsic gneiss with a medium garnet content (AK-N13-2d,
1136 plotting as type C in Fig. 8a) is very similar to the composition
1137 of detrital garnets which are suggested to be of felsic origin. In
1138 contrast, no garnets with a comparable composition to the other
1139 felsic gneiss (AK-N13-2c, plotting as type B in Fig. 8a) are
1140 present in the detritus. This is not surprising, as this gneiss
1141 exhibits only a very low garnet content. Overall, it seems
1142 reliable that the group of garnets assigned to type C with
1143 probabilities $\geq 12\%$ of belonging to type B are mainly derived
1144 from the felsic gneisses. Geochemical characterization favors a
1145 granulite facies source, but a precise assignment to a
1146 metamorphic facies type by inclusions cannot be specified,
1147 because no unique inclusion types for amphibolite-, granulite-
1148 and/or eclogite facies exist or were detected.

1149 In summary, the main proportion of detrital garnets is estimated
1150 to be derived from eclogites (~55%), whereas the residual
1151 garnets (~45%) derived from the felsic gneisses, are probably
1152 mainly of granulite facies. Amphibolite facies garnet source
1153 rocks play a subordinate role due to their low garnet content.

1154 Considering the different grain-size fractions, the eclogitic
1155 garnets are more frequent in the 125–250 μm (~63%) and 250–

1156 500 μm grain-size fraction (~58%), and less frequent in the 63–
1157 125 μm fraction (~45%). By contrast, felsic garnets are less
1158 frequent in the 125–250 μm (~38%) and 250–500 μm grain-
1159 size fraction (~42%), and more abundant in the 63–125 μm
1160 fraction (~55%). Although these numbers are only a rough
1161 approximation, it is obvious that detrital eclogitic garnets are
1162 much more abundant than eclogitic rocks in the catchment area
1163 (Fig. 1), and that these are more frequent in the coarser grain-
1164 size fractions. Similar observations were made in other regions
1165 comprising eclogites in their catchment (e.g., Krippner et al.,
1166 2015). Typical factors which quantitatively modify the
1167 composition of heavy minerals from source to the sampling
1168 location can be widely excluded in the sampled catchment. The
1169 high topography and the climatic conditions of the area cause a
1170 mainly mechanical weathering of the source rocks. Chemical
1171 weathering during transport should be of minor importance due
1172 to the high energy of the drainage system and the short
1173 transport distance (<4 km). The short transport distance also
1174 minimizes the elimination of heavy minerals due to hydraulic
1175 effects. Probably the mineralogical composition of the source
1176 rocks is the main reason why detrital eclogitic garnets are so
1177 prominent. Eclogites mainly consist of omphacite and garnet,
1178 and thus supply a much higher amount of heavy minerals to the
1179 sedimentary load than felsic rocks compared to their volumetric
1180 dimension. Additionally, the heavy mineral assemblage derived

1181 from eclogites (omphacite + garnet) is usually enriched in
1182 garnet compared to the assemblage of felsic rocks. The
1183 predominant occurrence in the coarser grain-size fractions is
1184 probably an effect of inherited grain size due to the short
1185 transport distance and the usually large garnet grain size in
1186 eclogites.

1187 **6.4 Specific catchment characteristics of Runde (AK-N37)**

1188 The geochemical classification of the garnets from Runde
1189 implies at least two different sources (Fig. 9a). One group
1190 shows the highest probabilities for belonging to type A source
1191 rocks, agreeing with the geochemical garnet composition from
1192 an eclogite located on the island. The other group of garnets
1193 gives probabilities of $\leq 25\%$ for type A and high probabilities
1194 for type C ($\geq 35\%$) with variable type B component.
1195 Additionally, several garnets are in the transition zone between
1196 these two groups, showing high probabilities for type C and
1197 type A.

1198 The fact that eclogite facies source rocks are involved as a
1199 source for the garnets of the beach-sediment sample AK-N37 is
1200 given by the scarce presence of omphacite inclusions in $\sim 2\%$ of
1201 the grains. Presumably, also the garnets containing diopside
1202 inclusions ($\sim 11\%$) were derived from eclogite facies rocks,
1203 because the diopsides probably have an omphacite (jadeite)
1204 component, and eclogites with sodic diopside (13% jadeite) are
1205 known from the island of Runde. Garnets containing omphacite

1206 are geochemically well assigned to type A, but garnets with
1207 diopside inclusions are located in the transition zone between
1208 type A and type C (Fig. 9d). The garnets having higher
1209 probabilities for type C often contain, besides diopside, also
1210 amphibole group mineral inclusions (Fig. 9e), which makes an
1211 affiliation to granulite facies source rocks (type C) less
1212 probable. This also means that at least some of the enstatite-
1213 bearing garnets (Fig. 9d), which additionally often contain
1214 diopside and/or amphibole group inclusions, probably do not
1215 originate from granulite facies rocks. Instead, the coexistence
1216 of garnet + omphacite/diopside + amphibole + enstatite, and the
1217 absence of epidote group minerals, favors a high-temperature
1218 eclogitic source for the garnets with highest probabilities of
1219 belonging to type C but which also have high probabilities for
1220 type A. However, caution should be taken when considering
1221 more than one inclusion, but in general, the higher temperatures
1222 supposed for the source rocks of the garnets from Runde
1223 compared to Flatraket are in agreement with the estimated
1224 higher peak metamorphic temperatures of the region (Fig. 1).
1225 Additionally, the low frequency of alkali feldspar and quartz
1226 inclusions in these garnets supports a mafic source. Thus, also
1227 the garnets in the transition zone between the two groups of
1228 garnets are assigned to the eclogitic source.

1229 The other group of garnets with probabilities of $\leq 25\%$ for type
1230 A and high probabilities for type C ($\geq 35\%$) are characterized by

1231 an increased occurrence of alkali feldspar, quartz, rutile, and
1232 phlogopite–biotite, favoring a felsic source. There is no
1233 coincidence with geochemical garnet compositions from the
1234 gneiss reported by Krippner et al. (2016) (Fig. 9a), which was
1235 to be expected because the sampled gneiss unit (AK-N39-1) is
1236 only located at the outermost part of the catchment (Fig. 1).
1237 Probably the garnets mainly derived from the micaceous
1238 quartzo-feldspathic gneiss, which is the main rock type of the
1239 catchment.

1240 Moreover, from the coesite inclusions in two garnets assigned
1241 to the felsic source (Fig. 9b), and the coesite inclusions reported
1242 by Schönig et al. (2018), which can be assigned to the felsic
1243 and the eclogitic source (including garnets of the transition
1244 zone), it is indisputable that at least parts of some felsic source
1245 rocks experienced UHP metamorphic conditions.

1246 In summary, the main portion of detrital garnets is estimated to
1247 be derived from eclogites (~57%), which probably equilibrated
1248 under higher temperatures than that located in the catchment of
1249 Flatraket. Another large portion of garnets (~36%) is assigned
1250 to felsic source rocks, which are mainly assigned to granulite
1251 facies and to a lesser extent to upper amphibolite facies. Source
1252 rocks of the residual ~7% cannot be specified, and are thus
1253 assigned to source rocks of upper amphibolite facies or higher.

1254 Considering the different grain-size fractions, the supposed
1255 eclogitic garnets are more frequent in the 125–250 μm grain-
1256 size fraction (~65%), and less frequent in the 63–125 μm
1257 (~57%) and 250–500 μm fraction (~54%). Contrary, felsic
1258 garnets are less frequent in the 125–250 μm grain-size fraction
1259 (~27%), and more abundant in the 63–125 μm (~36%) and
1260 250–500 μm fraction (~42%). Overall, at Runde eclogitic
1261 garnets are much more frequent than eclogitic rocks in the
1262 catchments due to the mineralogical composition of eclogites,
1263 but the grain-size effect is less pronounced than at Flatraket.

1264 **7. Conclusions and Outlook**

1265 The results of this detailed study using mineral inclusions in
1266 garnet as provenance indicator show that by far the most
1267 garnets from HP/UHP metamorphic source rocks contain
1268 mineral inclusions $\geq 2 \mu\text{m}$. To identify these tiny mineral
1269 inclusions in the entire volume of a garnet grain, Raman
1270 spectroscopy is a very powerful tool. Some minerals, however,
1271 cannot be easily specified precisely, and therefore have to be
1272 compiled into mineral groups.

1273 Potential metamorphic source rocks for the analyzed detrital
1274 garnets can be significantly reduced by considering the
1275 conditions where garnet first appears (upper blueschist and
1276 upper greenschist facies), and the presence/absence of a few
1277 inclusion types. Especially the presence of kyanite and rutile

1278 inclusions in garnets of all chemical compositions, the absence
1279 of other aluminosilicate inclusions, and the absence of
1280 blueschist facies mineral inclusions (glaucophane, lawsonite)
1281 lead to the restriction to rocks of upper amphibolite, HP
1282 granulite, and eclogite facies as a possible source.

1283 Moreover, the presence of eclogite facies rocks in the
1284 catchments could be verified by the presence of omphacite
1285 inclusions, and also by the presence of diopside inclusions
1286 which probably have an omphacite (jadeite) component. In the
1287 catchment of Runde, the presence of coesite inclusions in the
1288 detrital garnets further verifies an involvement of UHP
1289 metamorphic rocks, including mafic and felsic compositions.

1290 The combination of single inclusion data, coexisting mineral
1291 inclusions, and geochemical data allows a portioning of the
1292 detrital garnets into source rock groups, which goes beyond the
1293 classical geochemical classification. As a result, garnets with
1294 high probabilities for more than one host-rock group can be
1295 more confidently assigned to one of the groups, and
1296 additionally, some information can be gained about protolith
1297 composition (mafic vs. felsic) and coexisting mineral phases.

1298 Overall, the mineral inclusions, especially in combination with
1299 geochemical host garnet composition, well reflect the
1300 geological characteristics of the sampled catchments, implying
1301 that they are useful indicators for HP/UHP provenance. Several

1302 of the most meaningful inclusion types in this study like
1303 kyanite, omphacite, diopside, enstatite, coesite, amphibole
1304 group, and epidote group minerals are either chemically and/or
1305 mechanically less stable than garnet. Thus, garnet can shield
1306 these inclusions from processes of the sedimentary cycle and
1307 preserve the mineralogical information as long as garnet is
1308 stable. This becomes more and more important when looking
1309 for HP/UHP provenance in less proximal, buried, and/or
1310 recycled sediments and sedimentary rocks. Furthermore, some
1311 provenance indicator minerals like kyanite and rutile seem to
1312 occur much more frequently as inclusions in garnet than as
1313 single grains in the heavy mineral assemblage, making
1314 inclusion analysis to a preferred tool when looking for these
1315 minerals.

1316 The use of mineral inclusions in detrital garnet as a provenance
1317 tool has wide implications for prospective investigations. In
1318 particular, the contribution of material sourced from HP/UHP
1319 metamorphic rocks, which has significant geologic and
1320 geodynamic implications, can be determined more confidently
1321 than by using existing techniques. In contrast to conventional
1322 heavy mineral studies, where individual mineral grains are not
1323 in contact to each other, mineral assemblages deduced from
1324 inclusions can be directly transmitted into metamorphic mineral
1325 assemblages (minerals in mutual grain contact). Thereby, the
1326 preservation of HP/UHP index minerals from retrograde

1327 metamorphic stages and processes of the sedimentary cycle by
1328 the garnet host constitutes a major advantage. Compared to
1329 geochemical garnet single-grain analysis, where an assignment
1330 to a specific source rock is often limited to statistical
1331 probabilities, the introduced approach can provide direct
1332 mineralogical evidence for HP/UHP sources unbiased from the
1333 geochemical garnet composition. Moreover, the possibility of
1334 discriminating UHP garnets is not yet given by any other
1335 discrimination scheme.

1336 Due to the mentioned advantages and the abundance of garnet
1337 in sediments sourced from metamorphic rocks, the introduced
1338 approach is thought to become a frequently used and valuable
1339 tool in sedimentary provenance analysis. The limiting factor at
1340 present is the analytical time needed. However, in combination
1341 with geochemical discrimination schemes, analyzing the
1342 inclusions in a much smaller quantity of pre-selected grains,
1343 with compositions likely reflecting a specific source, would
1344 reduce the analytical time significantly. Further acceleration of
1345 analysis is expected by the rapid technical development of
1346 Raman spectrometry, allowing shorter acquisition times and
1347 automated measurement routines.

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1364 **Appendices**

1365 Supplementary Tables 1–6 can be found online as
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1627 **Tables**

1628 **Table 1.** Compilation of mineral assemblages from
1629 metamorphic rocks occurring in the Flatraket catchment
1630 (sample AK-N13-1) and its close vicinity. Mineralogical data
1631 according to ¹Krabbendam et al. (2000), ²Wain (1997), ³Root et
1632 al. (2004), and ⁴Smith (1995). Abbreviations: Grt – garnet; Qz
1633 – quartz; Coe – coesite; Rt – rutile; Afs – alkali feldspar; Pl –
1634 plagioclase; Wmca – white mica; Phl–Bt – phlogopite–biotite;
1635 Omp – omphacite; Aug – augite; Opx – orthopyroxene group;
1636 Amp – amphibole group; Ky – kyanite; Ep – epidote group; Cb
1637 – carbonate minerals.

1638 **Figure captions**

1639 **Fig. 1.** Location map and geological map of the sampling areas
1640 (modified from Krippner et al., 2016). The left side shows an
1641 overview map of the region around Faltraket and Runde
1642 (indicated by the red boxes), including an inset marking the
1643 map section (black box), location of the UHP domains
1644 according to Root et al. (2005), and peak metamorphic
1645 temperature isolines according to Kylander-Clark et al. (2008).

1646 Right side shows the geology of the two sampling areas and the
1647 location of the sediment, crystalline rock, and pebble samples.

1648 **Fig. 2.** Example of isolating an inclusion spectrum from the
1649 inclusion/host mixed spectrum by means of a zircon inclusion
1650 in one of the host garnets. For isolation, the garnet host
1651 spectrum captured directly next to the inclusion (blue) gets
1652 subtracted from the inclusion/host mixed spectrum (red). This
1653 results in an isolated spectrum of the inclusion (green).

1654 **Fig. 3.** Examples of different inclusion spectra from the
1655 samples AK-N13-1 and AK-N37. Oxides (a – SiO₂ polymorphs
1656 quartz and coesite; b – rutile), nesosilicates (c – kyanite; d –
1657 zircon), the phosphate apatite (e), and feldspars (f – blueish
1658 spectra plagioclase and reddish spectra alkali feldspar). Bands
1659 of the host garnets are labeled with ‘Grt’.

1660 **Fig. 4.** Spectra of phyllosilicate inclusions giving the highest
1661 probabilities for phlogopite (blueish spectra) and muscovite
1662 (reddish spectra) by comparison with the RRUFF database.

1663 **Fig. 5.** Spectra of clinopyroxene (a), orthopyroxene (b), and
1664 amphibole inclusions (c). Clinopyroxene spectra (a) of 9
1665 inclusions in the analyzed garnets are shown, compared with
1666 spectra from the RUFF database (diopside: ID 040009, ID
1667 060171; omphacite: ID 061129.2) and an omphacite in the
1668 UHP eclogite at Flatraket harbor (AK-N12).

1669 **Fig. 6.** Proportion of host garnets from the stream-sediment
1670 sample of Flatraket (AK-N13-1) containing specific inclusion
1671 types (see 5.1.1) as a function of grain-size fraction (also listed
1672 in Supplementary Table 2, and more detailed in Supplementary
1673 Table 1).

1674 **Fig. 7.** Proportion of host garnets from the beach-sediment
1675 sample of Runde (AK-37) containing specific inclusion types
1676 (see 5.1.1) as a function of grain-size fraction (also listed in
1677 Supplementary Table 4, and more detailed in Supplementary
1678 Table 3).

1679 **Fig. 8.** Probabilities for the detrital host garnets from Flatraket
1680 (AK-N13-1) of belonging to the major metamorphic host-rock
1681 groups (A – eclogite facies rocks; B – amphibolite facies rocks;
1682 C – granulite facies rocks), based on geochemical composition
1683 and the calculation according to Tolosana-Delgado et al. (2017)
1684 (Supplementary Table 6). (a) – probabilities for all analyzed
1685 garnets divided in grain-size fractions (same symbols are used
1686 in (b–i)). Additionally, the probabilities for some local
1687 crystalline rocks are given, based on Krippner et al. (2016). (b–
1688 i) – probabilities for garnets containing specific mineral
1689 inclusion types. Pie charts are showing the proportion of grains
1690 with the highest probability of belonging to one of the major
1691 metamorphic host-rock groups (A, B, or C) for the entire grain-
1692 size fraction (63–500 μm).

1693 **Fig. 9.** Probabilities for the detrital host garnets from Runde
1694 (AK-N37) of belonging to the major metamorphic host-rock
1695 groups (A – eclogite facies rocks; B – amphibolite facies rocks;
1696 C – granulite facies rocks), based on geochemical composition
1697 and the calculation according to Tolosana-Delgado et al. (2017)
1698 (Supplementary Table 6). (a) – probabilities for all analyzed
1699 garnets divided in grain-size fractions (same symbols are used
1700 in (b–i)). Additionally, the probabilities for some local
1701 crystalline rocks are given, based on Krippner et al. (2016). (b–
1702 i) – probabilities for garnets containing specific mineral
1703 inclusion types. Pie charts are showing the proportion of grains
1704 with the highest probability of belonging to one of the major
1705 metamorphic host-rock groups (A, B, or C) for the entire grain-
1706 size fraction (63–500 μm).

1707 **Fig. 10.** Metamorphic facies diagram. (a) P – T regions of
1708 metamorphic facies types adopted from Bucher and Frey
1709 (2002), which were extended to ultrahigh-pressure (UHP)
1710 conditions. Stability fields for quartz/coesite adopted from
1711 Guiraud and Powell (2006), and stability fields for
1712 aluminosilicates kyanite/sillimanite/andalusite adopted from
1713 Bohlen et al. (1991) and linearly extended (dashed line). (b)
1714 Metamorphic facies types which can be excluded as a source
1715 for the analyzed detrital garnets (grey fields: A–D). A: Facies
1716 types of the andalusite and sillimanite stability field (contact
1717 metamorphism, lowermost greenschist, lower amphibolite, and

- 1718 lower to intermediate granulite facies); B: Blueschist facies
1719 rocks; C: Very-low-temperature eclogites (lawsonite-eclogites);
1720 D: Subgreenschist and lower greenschist facies rocks; E: Upper
1721 greenschist and lower amphibolite facies rocks.

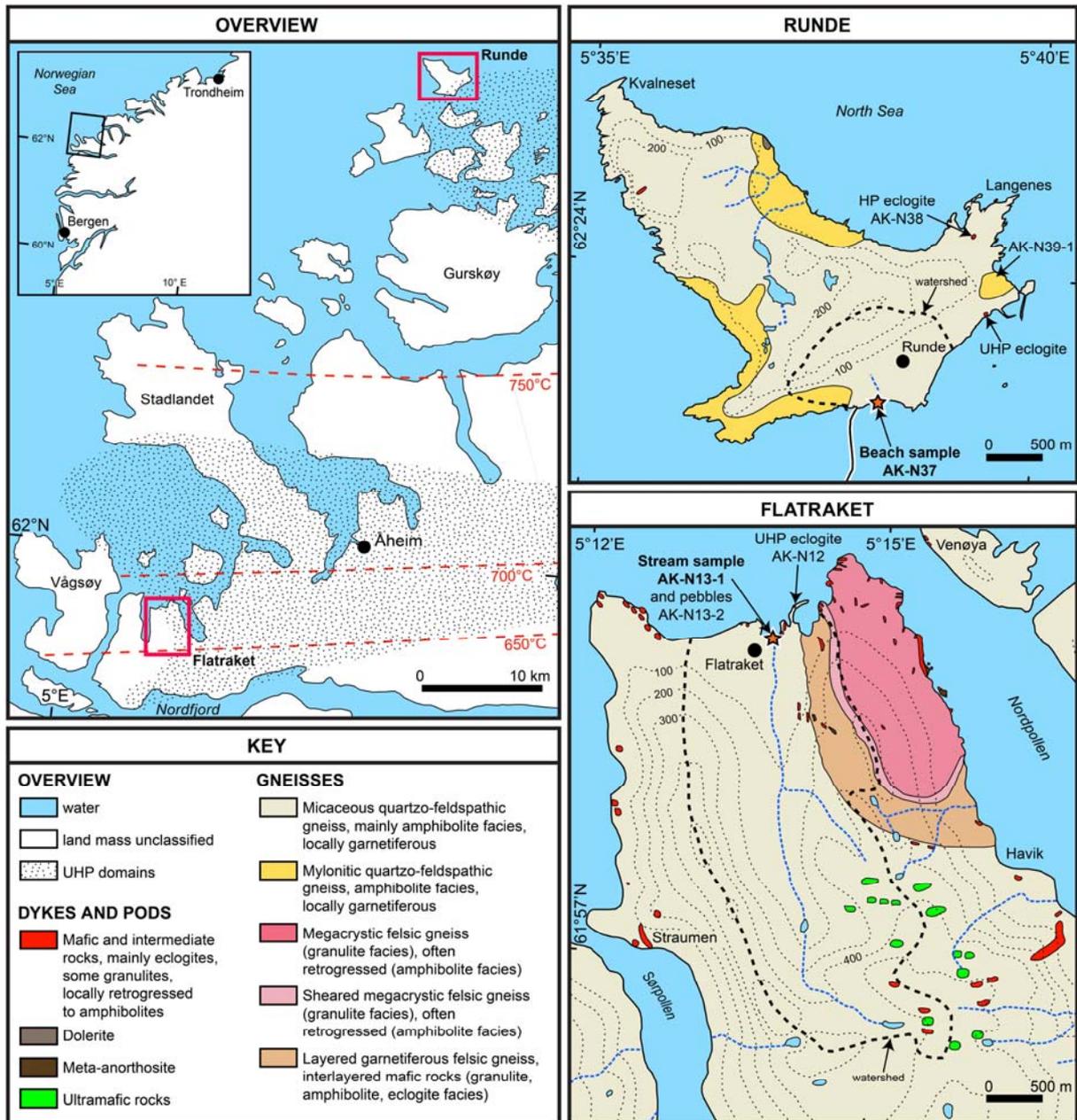


Fig. 1

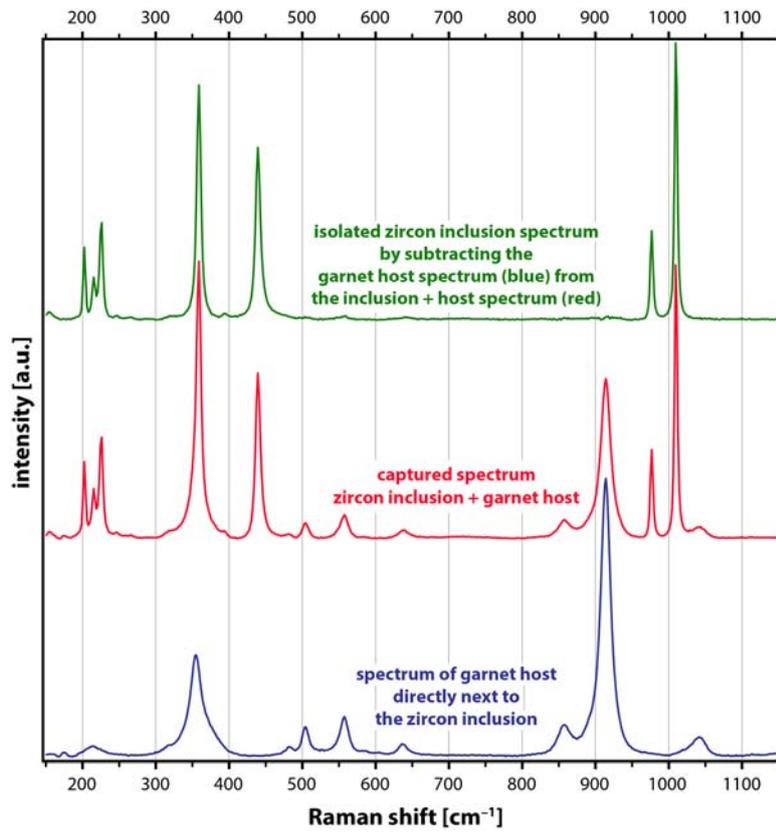


Fig. 2

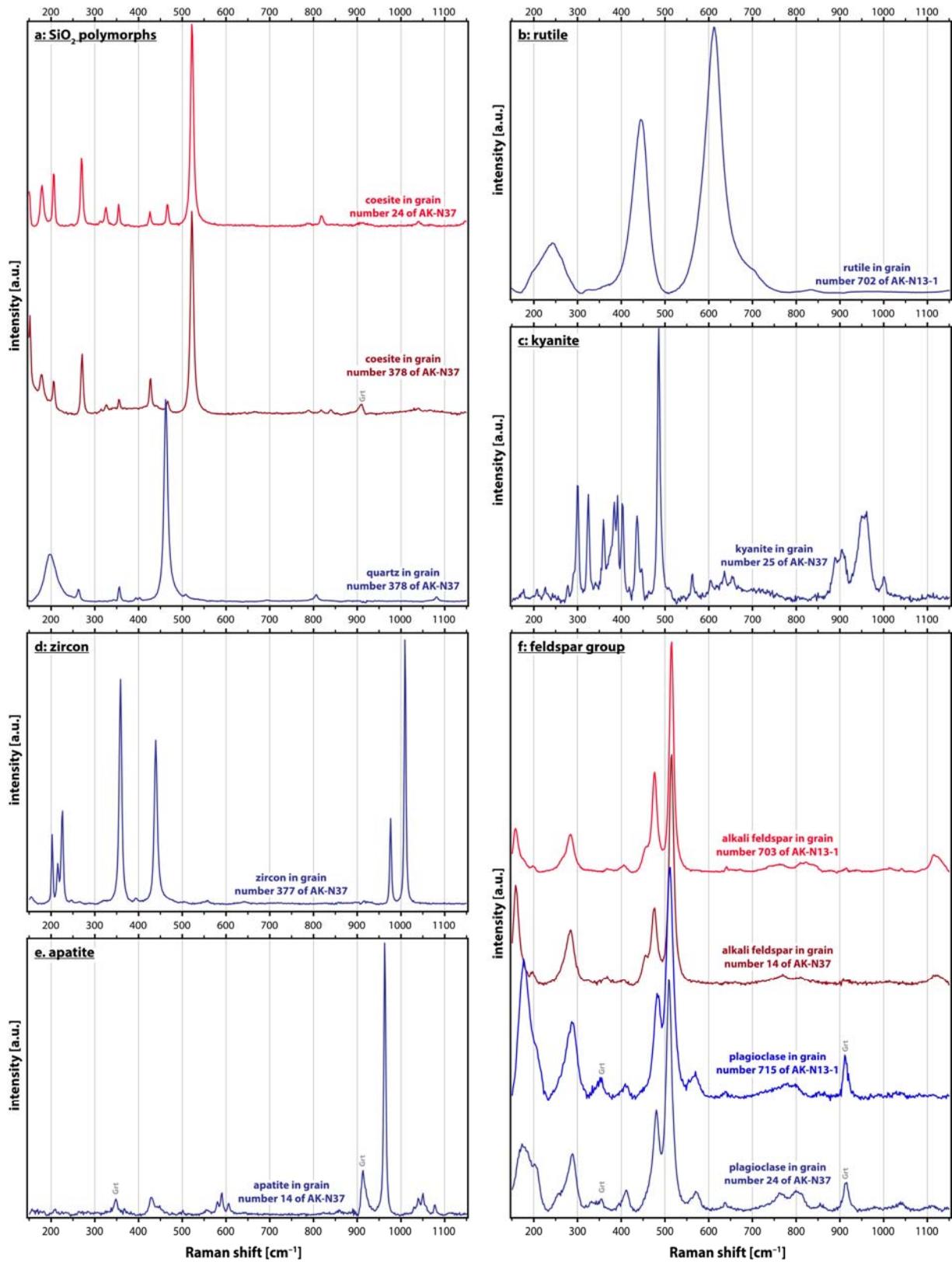


Fig. 3

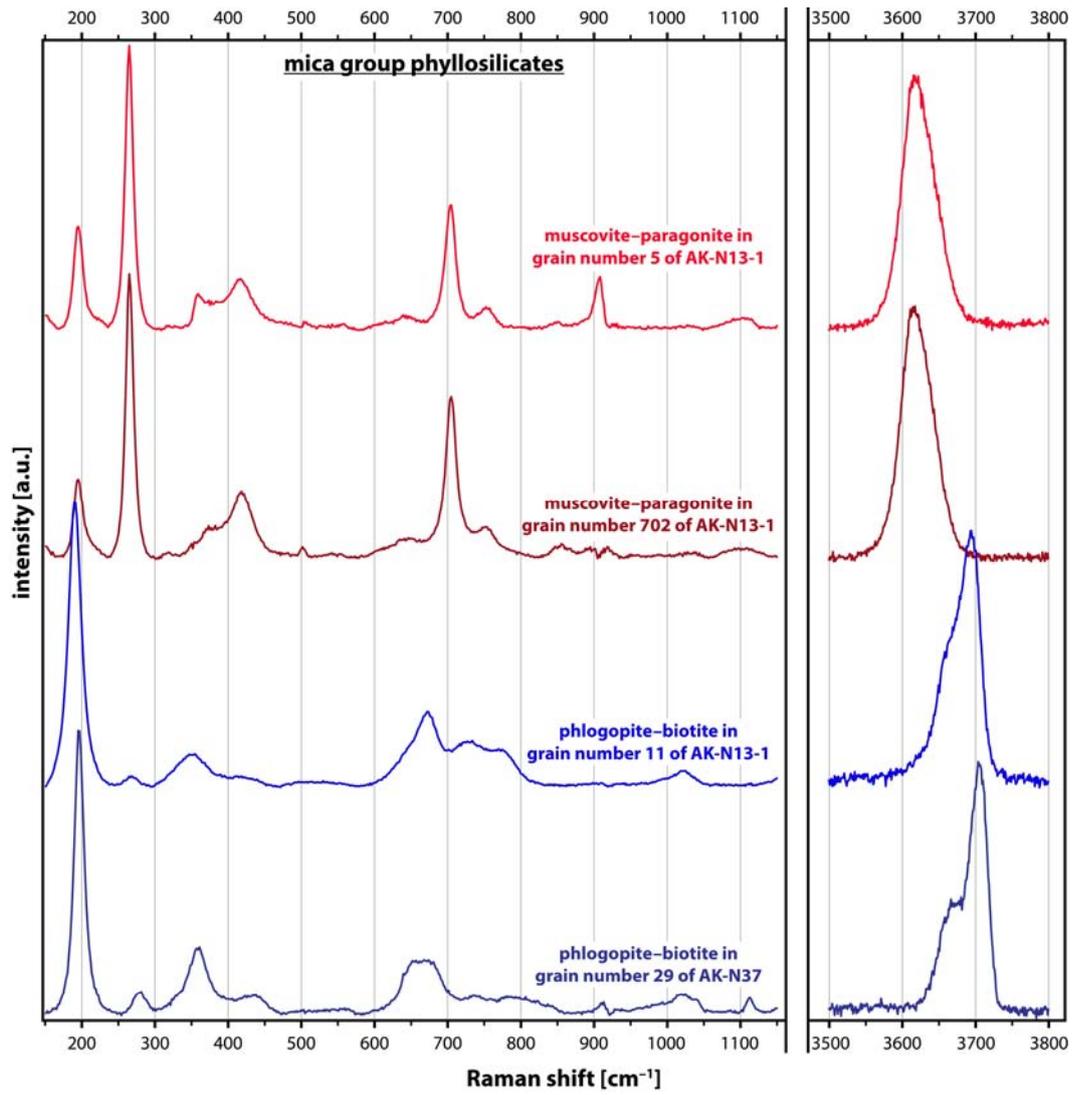


Fig. 4

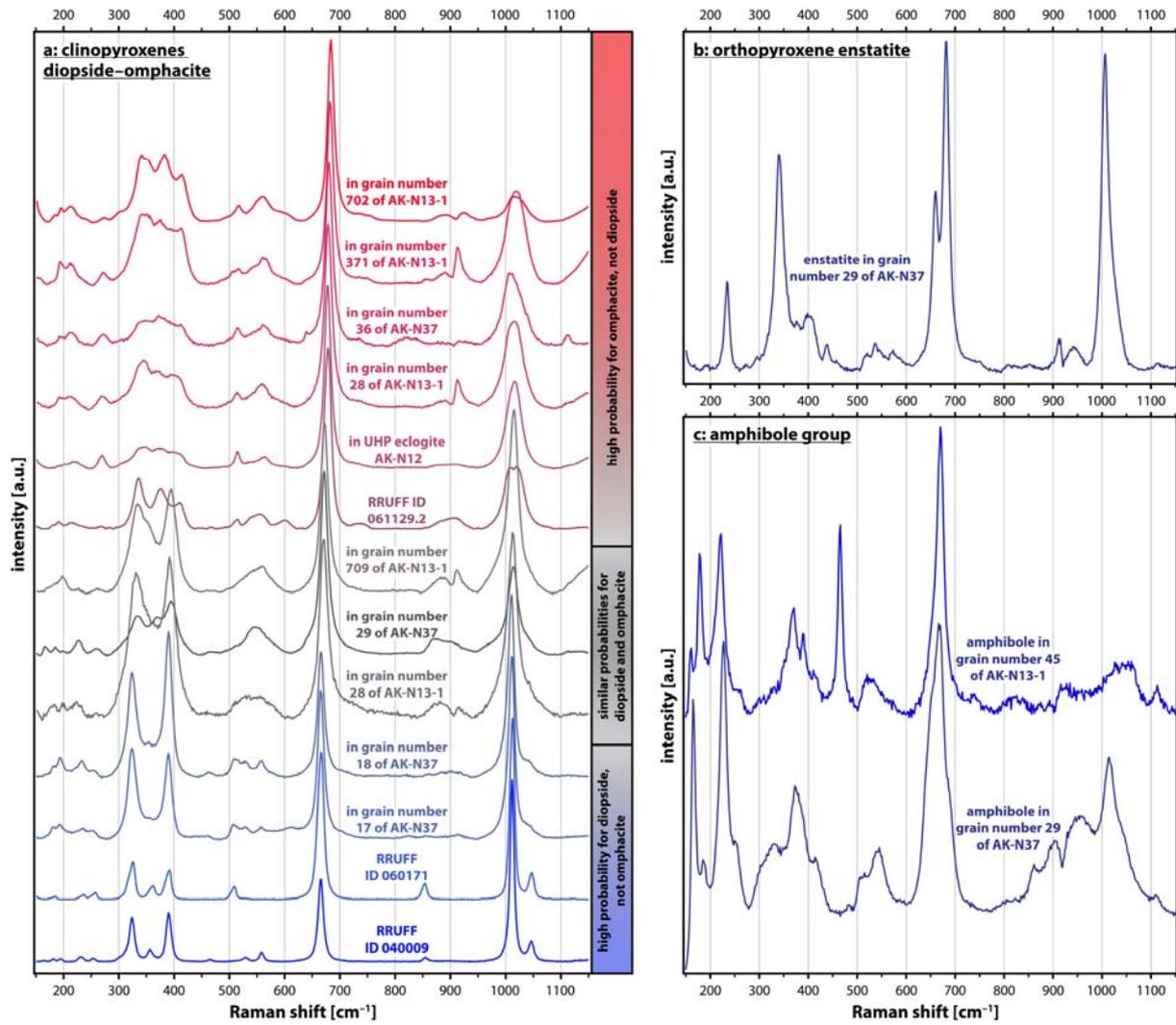


Fig. 5

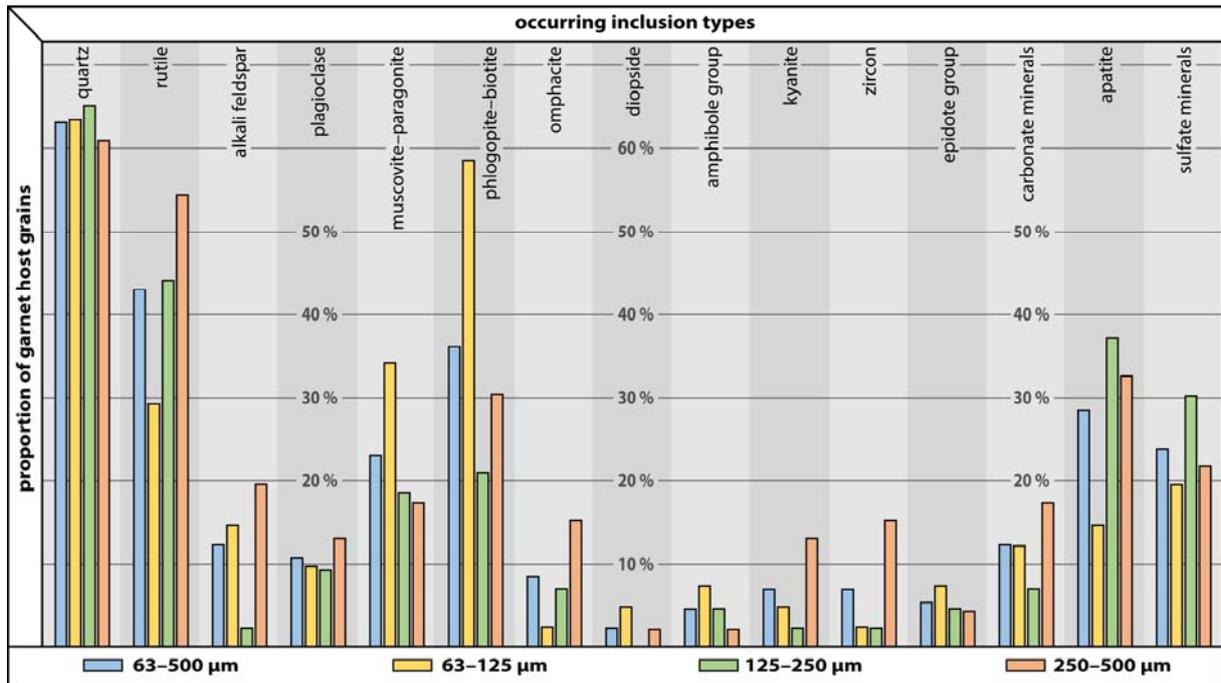


Fig. 6

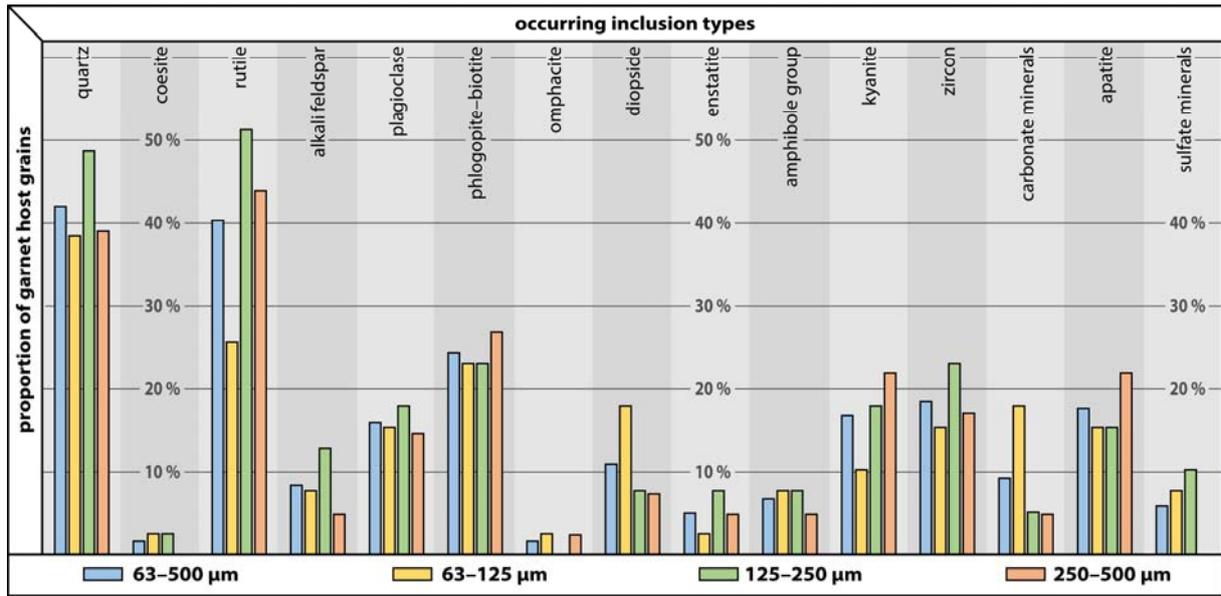


Fig. 7

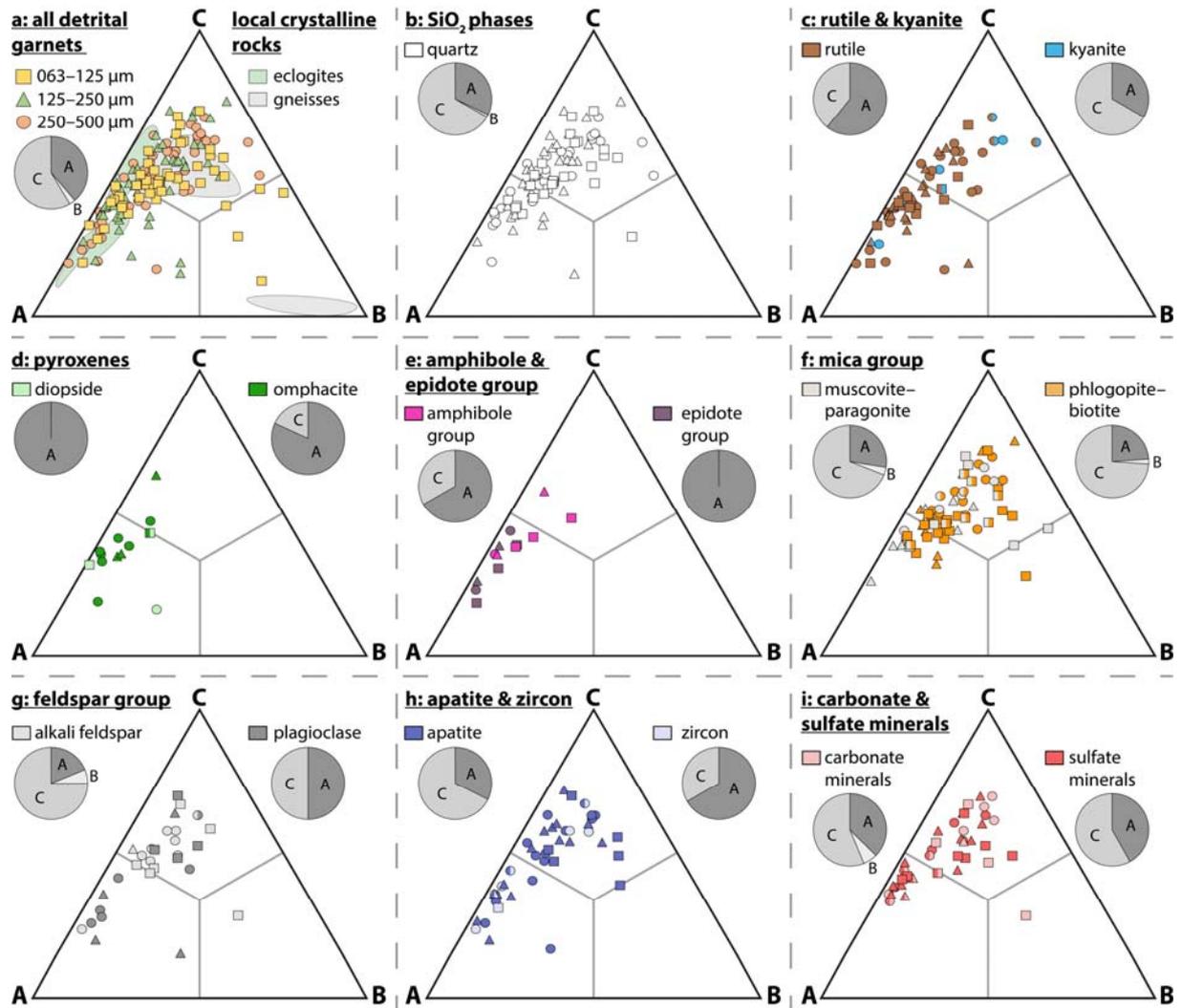


Fig. 8

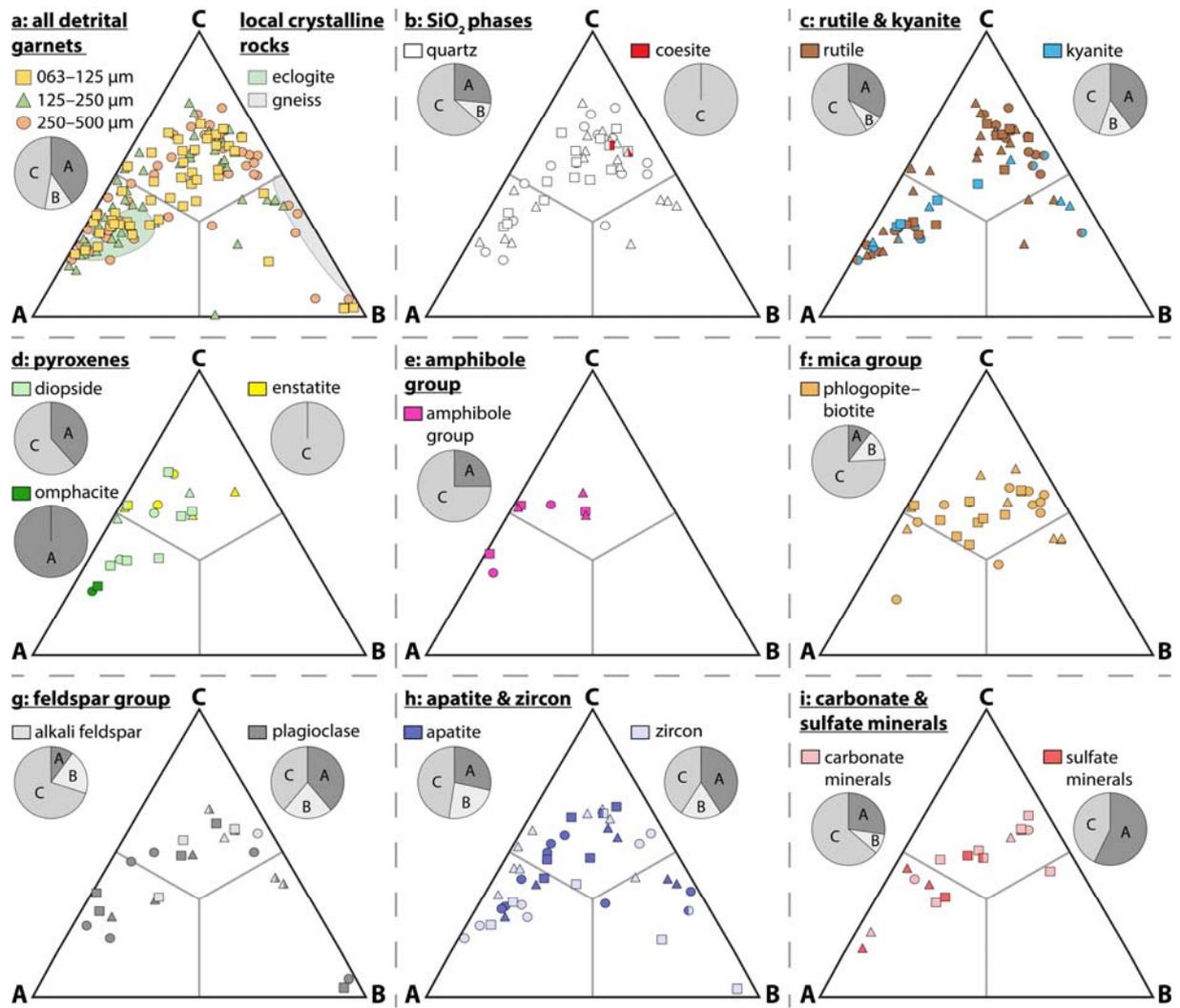


Fig. 9

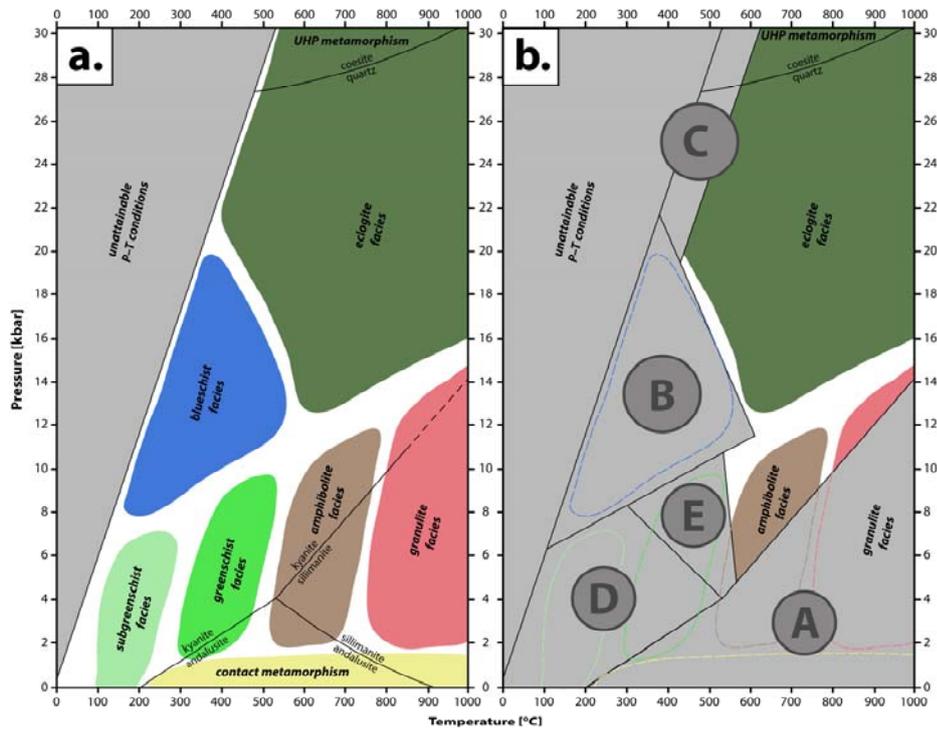


Fig. 10

Table 1

Rock types		Grt	Qz	Coe	Rt	Afs	Pl	Wmca	Phl-Bt	Omp	Aug	Opx	Amp	Ky	Ep	Cb
amphibolite facies	Micaceous Qz-Fsp-gneiss ¹	±	+	-	-	+	+	±	+	-	-	-	±	-	+	-
	Megacrystic felsic gneiss ¹	+	+	-	-	+	+	-	+	-	-	-	±	-	±	-
	Layered garnetiferous felsic gneiss ¹	+	+	-	-	+	+	±	+	-	-	-	+	-	+	-
	Layered garnetiferous felsic gneiss (mafic interlayers) ¹	+	-	-	-	+	+	-	+	-	-	-	+	-	-	-
granulite facies	Megacrystic felsic gneiss ¹	+	+	-	-	+	+	-	+	-	±	-	±	-	-	-
	Layered garnetiferous felsic gneiss ¹	+	+	-	-	±	+	-	+	-	±	-	-	±	-	-
	Layered garnetiferous felsic gneiss (mafic interlayers) ¹	+	-	-	-	-	+	-	-	-	+	-	-	-	-	-
	Mafic to intermediate dykes and pods ¹	+	±	-	-	±	+	-	±	-	+	-	-	-	-	-
	Dioritic to gabbroitic pods ¹	+	-	-	-	-	+	-	±	-	+	-	-	-	-	-
	Anorthositic pods ¹	+	±	-	-	±	+	-	±	-	+	±	-	-	-	-
eclogite facies	Layered garnetiferous felsic gneiss ¹	+	+	-	-	-	-	+	-	+	-	-	-	+	+	-
	Layered garnetiferous felsic gneiss (mafic interlayers) ¹	+	+	-	±	-	-	-	-	+	-	-	-	-	-	-
	Mafic to intermediate dykes and pods ¹	+	+	-	±	-	-	±	-	+	-	-	-	-	±	-
	Dioritic to gabbroitic pods ¹	+	+	-	-	-	-	-	+	+	-	-	-	-	+	-
	UHP eclogite AK-N12 ^{2,3}	+	+	±	+	-	-	+	-	+	-	-	+	+	+	+
	UHP eclogite Straumen ⁴	+	+	±	+	-	-	+	-	+	-	-	+	+	+	+
		+ always present		///		± rare		///		- not present						